

Slow Dancin'

拍数: 32 墙数: 2 级数: Beginner
编舞者: Noreen Wall (UK) - April 2024
音乐: Slow Dance - Scotty McCreery



Start On Lyrics 23 Seconds.

Section 1 R Rock Over Left, Recover L ,R Chasse , L Cross Rock Over Right, Recover R, L Chasse

1-2 Weight On Left Foot. Cross Rock Right Foot Over Left Foot. Recover Weight On Left Foot.
3&4 Side Chasse To The Right(R,L,R)
5-6 Weight On Right Foot. Cross Rock Left Over Right Foot, Recover On R
7&8 Side Chasse To The Left (L,R,L)

Section 2 Weave Left (Crossing R Over L) Cross,Side,Behind ¼ Turn Left To 9 O' Clock. Step ¼ Turn Left Facing 6 O' Clock, Cross Shuffle.

1-2-3-4 Cross R Over L ,L To L Side,R Behind L , 1/4 Turn Left On To L Foot.
5-6-7&8 Step Forward R, ¼ Turn L On To Left Foot, Cross Shuffle Over Left Foot R L R.

Section 3 L Rock, Recover, Behind Side Cross. Big Step R, L Together, Right Shuffle Forward

1-2 &3-4 Weight On R Foot Over L. Rock Out On L Foot To L Side, Recover Weight On R Foot,Step L Behind R For & Count, Step R To R Side , Cross L Over R.
5-6 7&8 Big Step Out To R Side On R Foot, Bring L Foot Together Replacing Weight, Shuffle Forward R,L,R.

Section 4 Left Side Together , Left Shuffle Forward, R Rocking Chair.

1-2 3&4 Big Step Out To Left On L, Bring R Foot Together,Left Shuffle Forward L R L.
5-6-7-8 R Rocking Chair. Rock Forward R Foot, Recover Weight On L Foot,Rock Back On R Foot, Recover Weight On L Foot.

Tag Here On Wall 4 And Wall 6 Facing 12 O' Clock Step R To R Side ,Touch L Beside R,Step Left To Left Side, Scuff Right Foot Across Left Foot Straight In To The Cross Rock Step To Start The Dance.

There Is An Extra Beat At The End Of The Dance. Cross R Over L,Raise Both Arms Out To The Sides.
