

Been Like This

COPPER **KNOB**
BY STEPHANETS

拍数: 32 墙数: 2 级数: Newcomer / Novice
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音乐: Been Like This - Meghan Trainor & T-Pain



Music - In BLUE is OPTIONAL

SIDE w BUMP 2X, ½ STEP TURN L, SIDE w HIP ROLL CLOCKWISE

- 1 RF Step R, hip bump R
- 2 LF Step L, hip bump L
- 3 RF Step forward
- 4 LF ½ Turn L, step forward (6:00)
- 5 RF Step R, start hip roll clockwise
- 6 Continue hip roll
- 7 Continue hip roll
- 8 LF Finish hip roll, weighted

TOUCH w KNEE, KNEE, ROCK STEP, SLIDE ¼ TURN L, FLICK

- 9 RF Touch together, point R knee L
- 10 RF Step together LF Touch together, point L knee R
- 11 LF Step forward
- 12 RF Recover weight
- 13 LF ¼ Turn L, big step L (3:00)
- 14 RF Start drag together
- 15 RF Finish drag together
- 16 RF Flick diagonally L backwards

V STEP, CHARLESTON STEP 2X

- 17 RF Step diagonally R forward
- 18 LF Step diagonally L forward
- 19 RF Step back in centre
- 20 LF Step together
- 21 RF Touch forward
- 22 RF Step backwards
- 23 LF Touch backwards
- 24 LF Step forward

PADDLE TURN 4X w CHARLESTON FLICKS, TOGETHER & BEND KNEES, COME UP

- 25 LF ¼ Turn L, RF touch R (12:00)
- & RF Flick diagonally R backwards
- 26 LF ¼ Turn L, RF touch R (9:00)
- & RF Flick diagonally R backwards
- 27 LF 1/8 Turn L, RF touch R (7:30)
- & RF Flick diagonally R backwards
- 28 LF 1/8 Turn L, RF touch R (6:00)
- & RF Flick diagonally R backwards
- 29 RF Step together, bend knees
- 30 BF Start to come up
- 31 BF Keep to come up
- 32 BF Straight knees

In counts 29-31 you can push your "bootie" slightly backwards
