

Banca Banca

COPPER KNOB
BY STEPHEN T. S.

拍数: 32 墙数: 4 级数: Improver
编舞者: Melvin Tan (MY) - March 2024
音乐: Banca Banca - E-Type



Dance Start after 16 counts

Restart at wall 5 after 16 counts (12:00)

Section 1: Rock Back Recover, Forward Shuffle, Rock Forward Recover, Back Shuffle

1 2 3 & 4 Step RF Back, Recover on LF, Forward Shuffle on RF,LF,RF

5 6 7 & 8 Step LF Forward, Recover on RF, Back Shuffle on LF,RF,LF

Section 2: Rock Back Half Turn Back Shuffle x2

1 2 3 & 4 Step RF Back, Recover on LF, 1/2L Turn Back Shuffle on RF,LF,RF (6:00)

5 6 7 & 8 Step LF Back, Recover on RF, 1/2R Turn Back Shuffle on LF,RF,LF (12:00)

**** Restart here at wall 5 ****

Section 3: Rock Back, 1/4L Turn, Hip Bump, Rock Back

1 2 Rock RF Back, Recover on LF,

3 & 4 1/4L Turn with touch R toe right, bumping hip right, Step onto R (9:00)

5 & 6 Touch L toe left, bumping hip left, Step onto L

7 8 Step RF back, Recover on LF

Section 4: Samba Step x2, Back Shuffle with a small Hip Bump x2

1 & 2 Step RF forward, Rock LF to L, Recover on RF

3 & 4 Step LF forward, Rock RF to R, Recover on LF

5 & 6 Back Shuffle with a small hip bump on RF,LF,RF

7 & 8 Back Shuffle with a small hip bump on LF,RF,LF (9:00)

Enjoy!

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