

Salt

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Annie Yap (MY) - January 2024
音乐: Salt - Ava Max



Dance Start after 16 counts (approx. 7sec)
Restart at wall 5 after 40 counts (6:00)

Section 1: Diagonal Lock Step Right, Diagonal Lock Step Left

1 2 Step RF Forward diagonal Right, Lock LF behind RF
3 & 4 Step RF Forward diagonal Right, Lock LF behind RF, Step RF Forward diagonal Right
5 6 Step LF Forward diagonal Left, Lock RF behind LF
7 & 8 Step LF Forward diagonal Left, Lock RF behind LF, Step LF Forward diagonal Left (12:00)

Section 2: Pivot 1/2 Turn Forward Shuffle, Full Turn Forward Shuffle

1 2 3 & 4 Step RF forward, Pivot 1/2L turn, Forward Shuffle on RF, LF, RF
5 6 7 & 8 Step LF Forward, 1/2R turn Step RF Back, 1/2R turn Forward Shuffle on LF, RF, LF (6:00)

Section 3: Cross & Heel & Cross & Heel, Rock Recover, Back Shuffle

1 & 2 & Cross RF over LF, Step LF to Left, Right Heel on Right, Step RF next to LF
3 & 4 & Cross LF over RF, Step RF to Right, Left Heel on Left, Step LF next to RF
5 6 7 & 8 Rock RF Forward Recover Back Shuffle on RF, LF, RF (6:00)

Section 4: Rock Back Recover Forward Shuffle, Pivot 1/2 Turn Walk Walk

1 2 3 & 4 Step LF Back Recover, Forward Shuffle on LF, RF, LF
5 6 7 8 Step RF Forward Pivot 1/2L Turn, Step Forward on RF, LF (12:00)

Section 5: Step RF to R, Hold, 1/2 Turn Step LF to Left, Hold, Jazz Box Cross

1 2 3 4 Step RF to Right, Hold, 1/2R Turn Step LF to Left Hold (6:00)
5 6 7 8 Cross RF over LF, Step LF Back, Step RF to R, Cross LF over RF

**** Restart here at wall 5 ****

Section 6: Step RF to R, Hold, 1/2 Turn Step LF to Left, Hold, Jazz Box Cross

1 2 3 4 Step RF to Right, Hold, 1/2R Turn Step LF to Left Hold (12:00)
5 6 7 8 Cross RF over LF, Step LF Back, Step RF to R, Cross LF over RF

Section 7: Step Forward 1/4 Turn Cross Shuffle, Half Turn Cross Shuffle

1 2 3 & 4 Step RF Forward, 1/4L Turn, Cross RF over LF, Step on LF, Cross RF over LF (9:00)
5 6 7 & 8 Step LF to L, 1/2R Turn Step RF to R, Cross LF over RF, Step on RF, Cross LF over RF
(3:00)

Section 8: Side Rock Behind Side Rock x2

1 2 3 & 4 Step RF to R, Recover on LF, Step RF behind LF, Step LF to L, Cross RF over LF
5 6 7 & 8 Step LF to LF, Recover on RF, Step LF behind RF, Step RF to R, Cross LF over RF (3:00)

Enjoy!

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