

# Bahama Mama 24

拍数: 32      墙数: 4      级数: Beginner  
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音乐: Bahama Mama - Boney M.



## S1. Walk Forward R-L- Forward Shuffle - Back Shuffle R - L

1-2      Step R Forward, Step L Forward  
3&4      Step R Forward, Step L Together, Step R Forward  
5&6      Step L Backward, Step R Together, Step L Backward  
7&8      Step R Backward, Step L Together, Step R Backward

## S2. Side Rock - Recover - Cross Shuffle ( R-L )

1-2      Rock L to Side, Recover on R  
3&4      Cross L Over R, Step R To Side, Cross L Over R  
5-6      Rock R to Side, Recover On L  
7&8      Cross R Over L, Step L to Side, Cross R Over L

**Restart Here. On Wall 4 and 9. On Wall 9 change Step  
Change Step**

7-8      Step R Cross Over L , Step L Beside R

## S3. Rock Forward - 1/2 Turn L - step L Forward - Step R Touch Beside L - Chasse - 1/4 Turn L Chasse

1-2      Rock L Forward , Recover  
3-4      1/2 Turn Left , Step L Forward, Step R Touch Beside L  
5&6      Step R To Side, Step L Together, Step R To Side  
7&8      1/4 Turn L Step L to Side, Step R Together, Step L to Side

## S4. Cross - Side - Cross - Touch R-L

1-2      Cross R Over L, Step L to Side  
3-4      Cross R Over L, Step L to Side Touch  
5-6      Cross L Over R, Step R To Side  
7-8      Cross L Over R, Step R To Side Touch

**No Tag, 2 Restarts**

**Restart on Wall 4 After 12 Count, on Wall 9 After 16 Count with Change Step**

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