

Wo Shì Yi Zhi Xiao Xiao Niao (我是一只小小鸟)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: High Beginner
编舞者: Molly Yeoh (MY) - April 2024
音乐: 赵传《我是一只小小鸟》DJ泽仔 Electro Mix KTV 导唱字幕 (备有伴奏视频)



Intro 64c

No tag no restart! Enjoy!

SECTION 1 V SHAPE, SIDE STEP TO R (X2)

1 2 3 4 RF diagonal fwd to R, LF diagonal fwd to L, RF closed in, LF closed in
5 6 7 8 RF step to R, LF followed, RF step to R, LF touch to RF

SECTION 2 SIDE STEP TO L (X2), ROCKING CHAIR

1 2 3 4 LF step to L, RF followed, LF step to L, RF touch to LF
5 6 7 8 RF fwd rock recover LF, RF back rock recover LF

SECTION 3 FWD STEP, FLICK BACK, SHUFFLE FWD, MAMBO RIGHT & LEFT

1 2, 3&4 RF step fwd (weight on R @1), flick or raise up LF behind (@2), shuffle fwd LF, RF, LF
5&6 7&8 Side rock RF recover on LF, RF step beside LF, side rock LF recover RF, LF step beside RF

SECTION 4 WALK BACK 4C, MONTEREY ¼ R TURN

1 2 3 4 Walk back RF, LF, RL, LF closed beside RF
5 6 7 8 RF point to R, ¼ R turn, R closed beside LF, LF point to L recover beside RF

SECTION 5 WALK FWD, KICK BALL CHANGE, ½ L TURN, COASTER STEPS

1 2 3&4 Fwd RF, LF, kick RF fwd & recover, LF step in place
5 6 7&8 RF step fwd, 1/2 L turn, LF in place (Weight on RF), LF step back, RF step beside LF, LF fwd

SECTION 6 FWD TOUCHES LRL, 1/4 L TURN, SAILOR STEPS

1 2, 3 4 Step fwd RF, LF point to L, fwd LF, RF point to R, fwd RF, LF point to L
5 6, 7&8 ¼ L turn, LF step back, RF step beside LF, LF step fwd

SECTION 7 HEEL GRIND, VINE TO L, SIDE ROCK CHASSE TO R

1 2 3&4 RF cross over LF on heel, LF step to L, RF step behind LF, LF step to L, RF cross over LF
5 6 7&8 LF side rock recover RF, LF cross over RF, RF step to R, LF cross over RF

SECTION 8 FWD COASTER STEPS, ¾ TRIPPLE L TURN

1 2 3&4 Rock fwd RF recover LF, RF step back, LF step beside RF, RF fwd
5 6 7&8 Rock fwd LF recover RF, (¾ circle L turn) LF, RF, LF fwd

Start again!

Thank you and enjoy this dance!

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