

Eidun Mubarak

拍数: 64
编舞者: Irene Elsy (INA) - April 2024
音乐: Eidun Mubarak - Muad

墙数: 1

级数: Phrased Beginner



SEQUENCE : A B A A B A A A

PART A (32)

A1. DIAGONAL FWD, DIAGONAL LOCK SHUFFLE , R, L

- 1, 2 Step R Diagonal Fwd – Step L behind R
- 3 & 4 Step R diagonal fwd – Lock Step L behind R – Step R Diagonal fwd
- 5, 6 Step L diagonal fwd – Step R behind L
- 7 & 8 Step L diagonal fwd – Lock Step L behind R – Step L diagonal fwd

A2. DIAGONAL BACK, R, L, R, L

- 1& Step R diagonal back – Touch L beside R
- 2& Step L diagonal back – Touch R beside L
- 3& Step R diagonal back – Touch L beside R
- 4 & Step L diagonal back – Touch R beside L
- 5, 6 Touch R diagonal fwd – Close R beside L
- 7, 8 Touch L diagonal fwd – Close L beside R

A3. V STEP, SIDE CLOSE SIDE TOUCH, R

- 1, 2 Step R diagonal fwd – Step L diagonal fwd
- 3, 4 Step R back – Close L beside R
- 5, 6 Step R to side – Close L beside R
- 7, 8 Step R to side – Touch L beside R

A4. V STEP, SIDE CLOSE SIDE TOUCH, L

- 1, 2 Step L diagonal fwd – Step R diagonal fwd
- 3, 4 Step L back – Close R beside L
- 5, 6 Step L to side – Close R beside L
- 7, 8 Step L to side – Touch R beside L

PART B (32 count)

B1. VOLTA FULL TURN R

- 1 & 2& Turn 1/8 R, Step R fwd – Step L behind R – Turn 1/8 R, Step R fwd – Step L behind R
- 3 & 4& Turn 1/8 R, Step R fwd - Step L behind R – Turn 1/8 R, Step R fwd – Step L behind R
- 5 & 6& Turn 1/8 R, Step R fwd – Step L behind R – Turn 1/8 R, Step R fwd – Step L behind R
- 7 & 8 Turn 1/8 R, Step R fwd – Step L behind R – Turn 1/8 R, Step R fwd

B2. SIDE MAMBO, FWD & BACK MAMBO

- 1 & 2 Step L to side – Step R in place – Step L beside R
- 3 & 4 Step R to side – Step R in place – Step R beside L
- 5 & 6 Step L fwd – Step R in place – Step L beside R
- 7 & 8 Step R back – Step L in place – Step R beside L

B3. FWD MAMBO, VOLTA ¾ TURN L

- 1 & 2 Step L fwd – Step R in place – Touch L beside R
- 3 & 4& Turn 1/8 L, Step L fwd – Step R behind L – Turn 1/8 L, Step L fwd – Step R behind L
- 5 & 6& Turn 1/8 L, Step L fwd – Step R behind L – Turn 1/8 L, Step L fwd – Step R behind L

7 & 8& Turn 1/8 L, Step L fwd – Step R behind L – Turn 1/8 L, Step L fwd – Step R behind L

B4. , VOLTA ¼ TURN L, SIDE MAMBO, FWD MAMBO

1 & 2 Turn 1/8 L, Step L fwd – Step R behind L – Turn 1/8 L, Step L fwd

3 & 4 Step R to side – Step L in place – Step R beside L

5 & 6 Step L to side – Step R in place – Step L beside R

7 & 8 Step R fwd – Step L in place – Touch R beside L

Enjoy the dance !!!

Email : irenevir08@gmail.com
