

# Fix Your Own Sandwich

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver  
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音乐: Damn Sandwich - Jordan Rainer



## Mambo Forward, Mambo Back, Mambo Right, Mambo Left

1 & 2      Rock forward on R, recover on L, step back on R  
3 & 4      Rock back on L, recover on R, step forward on L  
5 & 6      Step R to right, recover on L, step R to L  
7 & 8      Step L to left, recover on R, step L to R

## Step Lock Step forward, Mambo forward, Step Lock Step back, ¼ Sailor left

1 & 2      Step forward on R, lock L behind R, step forward on R  
3 & 4      Rock forward on L, recover on R, step back on L \*(& hook)  
5 & 6      Step back on R, lock R over L, step back R  
7 & 8      Turn ¼ left sailor step (sweep L in back of R, step R to side, step L to side)

## Side, together, turn ¼ right, Rock, recover, turn ¼ left, Cross, side, behind, sweep, behind, side, cross, flick

1 & 2      Step R to right, step L to R, turn ¼ right, stepping R forward  
3 & 4      Rock forward on L, recover on R, turn ¼ left, stepping L to left \*\*  
5 & 6      Cross R over L, step L to left, step R behind L  
7&8&      Sweep L behind R, step R to right, cross L over R, flick R behind L

## Rock Back, forward, back, ¼ sailor left, Sailor in place, ¼ Sailor left

1 & 2      Rock back on R, forward on L, back on R  
3 & 4      Turn ¼ left sailor step (sweep L in back of R, step R to side, step L to side)  
5 & 6      Sailor step in place (sweep R in back of L, step L to side, step R to side)  
7 & 8      Turn ¼ left sailor step (sweep L in back of R, step R to side, step L to side)

\*Restart after 12 counts on Wall 3 (hook R over L by adding an &)

\*\*Restart after 20 counts on Wall 6

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