

拍数: 32 墙数: 4 级数: Improver / Intermediate
 编舞者: Mark Paulino (USA) & Kristen Shephard (USA) - April 2024
 音乐: Single Again - Josh Ross



Intro - 7 Count (between :03 seconds and :04 seconds) 1 Tag/Step Change

½ TURN SHUFFLE STEP, FORWARD ROCK/RECOVER, ¾ TURN SHUFFLE STEP, SIDE ROCK RECOVER

1&2 ¼ turn clockwise with R side step, L steps besides R, ¼ turn clockwise with R forward step
 3,4 L rocks forward, recover back onto R
 5&6 ¼ turn counter clockwise with L side step, ¼ turn counter clockwise with R forward step, ¼ turn counter clockwise with L cross step over R
 7,8 R side rock, recover onto L

LINDY STEP RIGHT, 3 STEP FULL TURN, CROSS BEHIND ROCK/RECOVER (OR LINDY STEP LEFT)

1&2 R side step, L steps besides R, R side step
 3,4 L cross rock behind R, recover onto R
 5&6 L side step with ½ turn clockwise, R side step with ¼ turn clockwise, ¼ turn clockwise with L side step
 7,8 R cross rock behind L, recover onto L

IMPROVER STEPS: replace 5&6 with L side shuffle step

5&6 L side step, R steps besides L, L side step

HOP FLICK/HOP HITCH/HOP HITCH/HOP FLICK WITH ARM MOVEMENTS (OR ROCKING CHAIR), SHUFFLE FORWARD, STEP, CROSS BEHIND TOE TOUCH

1,2 (Facing 10:30) Hop forward on R as L flick back as both arms swooping inwards towards the floor, hop back onto L as R hitch forward as both arms swoops outwards towards the floor
 3,4 Hop back on R as L hitch forward as both hands finger snap at shoulder height, hop forward on L as R flick back as arms goes back to neutral
 5&6 R steps forward, L steps besides R, R steps forward
 7,8 L steps forward, R cross behind L with toe touch

IMPROVER STEPS: replace steps 1-4 with a rocking chair

1,2 (Facing 10:30) R rock forward, recover back on L
 3,4 R rock back, recover onto L

⅝ TURN WITH 2 SHUFFLE STEPS, FORWARD ROCK/RECOVER, HIP DIP/RECOVER

1&2 (Traveling toward 3:00) R steps back, L steps besides R, ⅝ turn counter clockwise with R steps back
 3&4 ¼ turn counter clockwise with L side step, R steps besides L, ¼ turn counter clockwise with L step forward
 5,6 R rock forward, recover back on L
 7,8 Hip sway from L to R in a scooping motion, recover back on L

TAG: 8 count tag- ¼ TURN WITH NIGHTCLUB TWO STEP BASIC, NIGHTCLUB TWO STEP BASIC

1,2 ¼ turn clockwise with R side step as L drags towards R for 2 counts
 3,4 L cross rock behind R, recover on R
 5,6 L side step as R drags towards L for 2 counts
 7,8 R cross rock behind L, recover on L

STEP CHANGE: After the tag, instead of doing a ½ turn shuffle step, perform a ¼ turn shuffle step

1&2 R side step, L steps besides R, ¼ turn clockwise with R forward step

ENDING: Towards the end of the dance, you will be facing the 9:00 wall . End the dance with a $\frac{1}{4}$ turn clockwise with a R side step as L drags towards R. End facing front 12:00.

Last Update: 12 Apr 2024
