

# These Are The Days

**COPPER KNOB**  
BY STEPHEN T. C.

拍数: 32      墙数: 4      级数: Beginner +  
编舞者: Cassey Rowe (UK) - December 2023  
音乐: These Are The Days - S Club



Intro: 3,4,5,6,7,8

## S1: RUMBA FWD, RUMBA BACK

1,2,3,4      R step to R side, L step next to R, R step fwd, hold  
5,6,7,8      L step to L side, R step next to L, L step back, hold

## S2: SIDE, TOG, SIDE, HOLD, CROSS MAMBO

1,2,3,4      R step to R side, L step next to R, R step to R side, hold  
5,6,7,8      L cross over R weight on L, recover weight on R, L step to L side, hold

## S3: CROSS MAMBO 1/4, CHASE 1/2

1,2,3,4      R cross over L weight on R, recover weight on L, R step 1/4 R, hold (3:00)  
5,6,7,8      L step fwd, turn 1/2 R weight on R, L step fwd, hold (9:00)

## S4: SLOW PIVOT 1/2, JAZZ BOX

1,2,3,4      R step fwd, hold, turn 1/2 L weight on L, hold (3:00)  
5,6,7,8      R cross over L, L step back, R step to R side, L cross over R

Tag: End of Wall 10, add;

## HANDBAGS

1,2,3,4      R step to R side, L tap next to R, L step to L side, R tap next to L

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