

# Mayday

拍数: 48      墙数: 2      级数: Improver  
编舞者: Laura Simpson (AUS) - April 2024  
音乐: Mayday - Casey Barnes



## Vine R, Vine L

1-4      Step R to side, step L behind R, step R to side touch L beside R  
5-8      Step L to side, step R behind L, step L to side touch R beside L

## R Heel x2, &, L Heel x2, &, Dorothy R, Dorothy L

1,2&,3,4&      R heel fwd, R heel fwd & step R beside L, L heel fwd, L heel fwd & step L beside R  
5,6&,7,8&      step R fwd, step L behind R & step R beside L, step L fwd, step R behind L, & step L beside R

## R Rocking Chair, Step R ½ Pivot, Stomp R, L

1-4      Rock fwd R, recover weight back onto L, Rock back R, recover weight onto L  
5-8      Step fwd R, pivot ½ L transferring weight to L foot, Stomp R, Stomp L

## Side Shuffle Rock Recover, Side Shuffle, Rock Recover

1&2,3,4      Step R to side, step L beside R, step R to side, rock back L recover R  
5&6,7,8      Step L to side, step R beside L, step L to side rock back L recover R

## Stomp, Swivels, Stomp, Swivels,

1-4      Stomp R diagonally fwd, Swivel L – heel, toe, heel towards R  
5-8      Stomp L diagonally fwd, swivel R – heel, toe, heel towards L

## Back Touch, Back Touch, Hips R,L,R,L

1-4      Step back R, touch L beside R, step back L touch R beside L  
5-8      Hips R,L,R,L