

# Trail Mix

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Caz Robertson (UK) & Jane Lake (UK) - April 2024  
音乐: Trailerhood - Toby Keith



**Intro: Slow 16 counts, start on vocals**

**Rocking chair, side, close, side shuffle**

1-2            Rock back on right, recover on left,  
3-4            Rock forward on right, recover on left  
5-6            Step right to right, step left next to right  
7&8           Step right to right, step left next to right, step right to right (12.00)

**Coaster step, kick ball change, step ½ turn, stomp, stomp**

9&10           Step back on left, step right next to left, step left forward  
11&12          Kick right forward, step ball of right in place, step left in place (weight on left)  
13-14          Step forward on right, pivot ½ turn left putting weight on left  
15-16          Stomp right in place, stomp left in place (6.00)

**Lindy, lindy**

17&18          Step right to right, step left next to right, step right to right  
19-20          Rock back on left, recover on right  
21&22          Step left to left, step right next to left, step left to left  
23-24          Rock back on right, recover on left (6.00)

**Out, out, in, in, stomp, toe fan x 3**

25-26          Step right forward to right diagonal, step left out to left diagonal  
27-28          Step right in place, step left in place  
29              Stomp right forward  
30,31,32       Fan right toe out to right, fan right toe in to left, fan right toe out to right (6.00)

**Start Again**

**Last Update: 1 Jun 2024**

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