

Trail Mix

拍数: 32 墙数: 2 级数: Improver
编舞者: Caz Robertson (UK) & Jane Lake (UK) - April 2024
音乐: Trailerhood - Toby Keith



Intro: Slow 16 counts, start on vocals

Rocking chair, side, close, side shuffle

1-2 Rock back on right, recover on left,
3-4 Rock forward on right, recover on left
5-6 Step right to right, step left next to right
7&8 Step right to right, step left next to right, step right to right (12.00)

Coaster step, kick ball change, step ½ turn, stomp, stomp

9&10 Step back on left, step right next to left, step left forward
11&12 Kick right forward, step ball of right in place, step left in place (weight on left)
13-14 Step forward on right, pivot ½ turn left putting weight on left
15-16 Stomp right in place, stomp left in place (6.00)

Lindy, lindy

17&18 Step right to right, step left next to right, step right to right
19-20 Rock back on left, recover on right
21&22 Step left to left, step right next to left, step left to left
23-24 Rock back on right, recover on left (6.00)

Out, out, in, in, stomp, toe fan x 3

25-26 Step right forward to right diagonal, step left out to left diagonal
27-28 Step right in place, step left in place
29 Stomp right forward
30,31,32 Fan right toe out to right, fan right toe in to left, fan right toe out to right (6.00)

Start Again

Last Update: 1 Jun 2024
