

Last Shanty (L/C)

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner - Line / Contra
编舞者: T.J. (DE) - April 2024
音乐: The Last Shanty (Quarterhead Remix) - Nathan Evans



Intro: 32 Counts - No Tags or Restarts

Heel, Hook, Shuffle Forward, Heel, Hook, ½ Shuffle Turn

1-2 Touch R Heel forward, Hook R over L,
3&4 Step R forward, Ball Step L beside R, Step R forward
5-6 Touch L Heel forward, Hook L over R,
7&8 ¼ R Turn & L side to L (3:00), Ball Step R beside L, ¼ R Turn & L backward (6:00)

Back Rock, Recover, Side Chasse, Back Rock, Recover, Side Chasse

1-2 Rock R backward, Recover weight to L
3&4 Step R to R side, Close L beside R, Step R to R side
5-6 Rock L backward, Recover weight to R
7&8 Step L to L side, Close R beside L, Step L to L side

Jazz-box with ¼ Turn x2

1-4 Cross R over L, Step L back, ¼ R Turn & Step R to R (9:00), Close L beside R
5-8 Cross R over L, Step L back, ¼ R Turn & Step R to R (12:00), Close L beside R

Fwd Rock, Recover, Coaster Step, Fwd Rock, Recover, ½ Triple Turn

1-2 Rock R forward, Recover weight to L
3&4 Step R backward, Close L beside R, Step R forward
5-6 Rock L forward, Recover weight to R
7&8 ¼ L Turn (9:00) & L side to L, Ball Step R beside L, ¼ L Turn & L side to L (6:00)
