

# Blowing Up to Grogg (Blåser Upp Till Grogg)

COPPER KNOB  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Beginner  
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音乐: Blåser Upp Till Grogg - Elov & Beny



**Intro: 8 counts, Restart on 2nd wall, Tag after 5th wall**

## Section 1 Shuffle x 2, Mambo, Coaster

1&2, 3&4            Rf fwd, Lf together, Rf fwd, Lf fwd, Rf together, Lf fwd  
5&6, 7&8            Rf rock fwd, recover on Lf, Rf slightly back, Lf back, Rf together, Lf fwd

## Section 2 ¼ step turn x 2, V-step (out,out,in,in)

1-2, 3-4            Rf fwd, turn ¼ left onto Lf, Rf fwd, turn ¼ left onto Lf  
5-8                  Rf fwd r diag, Lf to left side, Rf back, Lf together \*\*Restart

## Section 3 Side Rock and cross x 2, Rumba Box

1&2, 3&4            Rf side rock, recover on Lf, cross Rf over Lf, Lf side rock, recover on Rf, cross Lf over Rf  
5&6, 7&8            Rf to right side, Lf tog, Rf fwd, Lf to left side, Rf together, Lf back

## Section 4 Mambo back, shuffle, ¼ step turn, Sway x 2

1&2, 3&4            Rf rock back, recover onto Lf, Rf small step fwd, Lf fwd, Rf together, Lf fwd  
5-8                  Rf fwd, ¼ turn left onto Lf, Sway R, Sway L

**\*\*Restart on 2nd wall after 16 counts**

**Tag after 5th wall**

**After 5th wall, simulate taking a shot over two counts**

**Last Update - 13 Apr. 2024 - R1**