

Count on Me

拍数: 32 墙数: 4 级数: High Beginner
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音乐: Count On Me - Shanty & CeliaJ



Intro 32 counts

S1. FORWARD ROCK, TOGETHER, FORWARD ROCK, ½ TURN L, FORWARD, REPEAT

1,2& Rock RF forward, recover on LF, close RF next to LF
3&4 Rock LF forward, recover on RF, ½ turn L step LF forward
5,6& Rock RF forward, recover on LF, close RF next to LF
7&8 Rock LF forward, recover on RF, ½ turn L step LF forward

S2. SIDE, BEHIND, ¼ TURN R, FORWARD, ROCK STEP, FORWARD ROCK, LOCK BACK, ¼ TURN R SIDE-CROSS

1,2& Step RF to R, cross LF behind RF, ¼ turn R step RF forward
3&4 Step LF forward, recover on RF, recover on LF
5,6& Rock RF forward, recover on LF, cross RF over LF
7&8 Step LF back, ¼ turn R step RF to R, cross LF over RF

S3. DOROTHY STEP, HIP SWAY, REPEAT

1,2& Step RF to R diagonal, cross LF behind RF, step RF to R diagonal
3&4 Step LF to L pushing upper body to L-R-L
5,6& Step RF to R diagonal, cross LF behind RF, step RF to R diagonal
7&8 Step LF to L pushing upper body to L-R-L

S4. PIVOT ½ TURN L, KICK BALL SIDE ROCK, CROSS, ¼ TURN L BACK, COASTER STEP

1,2 Step RF forward, ½ turn L weight on LF
3&4& Kick RF forward, step RF together, rock LF to L, recover on RF
5,6 Cross LF over RF, ¼ turn L step RF back
7&8 Step LF back, close RF next to LF, step LF forward

No Tag or Restart !

Have Fun...
