

Spring Break Shake

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数:
编舞者: Mary Lacoste (USA) & Tab King (USA) - March 2024
音乐: Spring Break Shake - Starbuck



RIGHT TOE STRUTS WITH HIP BUMPS, LEFT TOE STRUTS WITH HIP BUMPS

- 1-2 Touch R toe forward while bumping the right hip to the right while dropping the right heel down
- 3-4 Touch L toe forward while bumping the left hip to the left while dropping the left heel down
- 5-6 Touch R toe forward while bumping right hip to the right while dropping the right heel down
- 7-8 Touch L toe forward while bumping left hip to the left while dropping the left heel down

4 DIAGONAL BACK SHUFFLES RLR LRL RLR LRL

- 1&2 Step R back, step L beside R, step R back
- 3&4 Step L back, step R beside L, step L back
- 5&6 Step R back, step L beside R, step R back
- 7&8 Step L back, step R beside L, step L back

CROSS, SIDE, 1/4 TURN, RIGHT COASTER STEP, CROSS, SIDE, 1/2 TURN, LEFT COASTER

- 1-2 Cross R over L, step L to L side,
- 3&4 ¼ TURN R, Step R back, step L beside R, step R forward
- 5-6 Step L forward step R forward, 1/2 turn L
- 7&8 Step L back, step R beside L, step L forward

RIGHT HEEL BALL CHANGES

- 1&2 Tap R heel forward, step R beside L, recover on L
- 3&4 Tap R heel forward, step R beside L, recover on L

1/2 PIVOT STEPS

- 5-6 Step R forward, pivot ½ turn left on ball of L
 - 7-8 Step R forward, pivot ½ turn left on ball of L
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