

Boys Beware

拍数: 96 墙数: 2 级数: Phrased Advanced - Cha Cha
编舞者: Elijus Pranckevičius (LIT) - April 2024
音乐: Boys Beware - Mad Tsai



Intro: 8 Counts from first beat in music (app. 11 seconds into track)

Sequence: A – B1 – B2 – C – A – B1 – B2 – C – A

Part A: 32 Counts

[1 – 8] Side, Time Steps, Forward, Step Lock Step, Forward, Hold, Recover

1 Step R to R side (1) 12:00
2&3 Step L next to R (2), Step R next to L (&), Step L forward (3) 12:00
4&5 Step R forward (4), Lock L behind R (&), Step R forward (5) 12:00
6 – 7 Rock L forward (6), Hold (7) 12:00
8 Recover on R (8) 12:00

[9 – 16] ½ Turn Stepping L, Double + ¼ Pirouette, Time Step, ½ Turn R, Time Step

1 ½ Turn L stepping L forward (1) 6:00
2 – 4 Turn 2 full and ¼ pirouettes L (2 – 3 – 4) 3:00
5 – 6& Step R to R side (5), Step L next to R (6), Step R next to L (&) 3:00
7 – 8& ½ Turn R stepping L to R side (7), Step R next to L (8), Step L next to R (&) 9:00

[17 – 24] Push, Hold, Step Back, Push, Hold, Step Back, Batucadas, Push, Recover

1 – 2& Push R forward (1), Hold (2), Step R backwards (&) 9:00
3 – 4& Push L forward (3), Hold (4), Step L backwards (&) 9:00
5&a Push R forward (5), Recover on L (&), Cross R in 3rd behind L (a) 9:00
6&a Push L forward (6), Recover on R (&), Cross L in 3rd behind R (a) 9:00
7&a Push R forward (7), Recover on L (&), Cross R in 3rd behind L (a) 9:00
8& Push L forward (8), Recover on R (&) 9:00

[25 – 32] Touch Switches, Heel Swivels, Forward With Flick, Step Turn, One + ¼ Pirouette 9:00

1&2& Step L forward (1) Point R to R side (&), Step R forward (2), Point L to L side (&) 9:00
3&4& Step L forward (3), Swivel both heels L (&), Bring both heels back to centre (4), Step L forward flicking R back (&) 9:00
5 – 6 Step R forward (5), Turn ½ L stepping L forward (6) 3:00
7 – 8 Turn 1 full and ¼ pirouettes L (7 – 8) 12:00

Part B: 8 Counts

[1 – 8] Time Step, ¼ Turn R, Time Step, ¼ Turn R, Time Step

1 – 2& Step R to R side (1), Step L next to R (2), Step R next to L (&) 12:00
3 – 4& ¼ Turn R stepping L to L side (3), Step R next to L (4), Step L next to R (&) 3:00
5 – 6& ¼ Turn R stepping R to R side (5), Step L next to R (6), Step R next to L (&), 6:00

Note Part B has 2 endings

Part B1 ¼ Turn R, Time Step, Push, Hold, Step Back, Push, Back Rock Step, Kick Ball Cross, One + ¼ Pirouette

7 – 8& ¼ Turn R stepping L to L side (7), Step R next to L (8), Step L next to R (&) 9:00
1 – 2& Push R forward (1), Hold (2), Step R backwards (&) 9:00
3 – 4& Push L forward (3), Rock R back (4), Recover on L (&) 9:00
5&6 Kick R forward (5), Step R next to L (&), Cross L over R (6) 9:00
7 – 8 Turn 1 full and ¼ pirouettes R (7 – 8) 12:00

Part B2 ¼ Turn R, Close, Slow Flick, Step ½ Turn, Recover, Kick Ball Pose, ¼ Turn L, ½ Turn L, Step

Forward While Turning ½ L

- 7 – 8 ¼ Turn R stepping L to L side (7), Step R next to L (8) 9:00
1 – 2 Lift R leg slowly back & up (into attitude position) (1 – 2) 9:00
3&4 Step R forward (3), ½ Turn L (weight remains on R) touching L forward (&), Recover on L (4) 3:00
5&6 Kick R forward (5), Step R next to L (&), Choose a pose (6) 3:00
7 – 8& ¼ Turn L stepping L forward (7), Step R next to L while turning ½ L (&), Step L forward while turning ½ L (8) 12:00

Part C: 32 Counts

[1 – 8] Cross Step ¼ Turn 4x

- 1 – 2 Cross step R over L (1), ¼ Pivot turn L (weight on L) (2) 9:00
3 – 4 Cross step R over L (3), ¼ Pivot turn L (weight on L) (4) 6:00
5 – 6 Cross step R over L (5), ¼ Pivot turn L (weight on L) (6) 3:00
7 – 8 Cross step R over L (7), ¼ Pivot turn L (weight on L) (8) 12:00

[9 – 16] Botafogo 2x, Kick Ball Point, Drop & Point Side, Jump

- 1&2 Cross R over L (1), Rock L to L side (&), Recover on R (2) 12:00
3&4 Cross L over R (3), Rock R to R side (&), Recover on L (4) 12:00
5&6 Kick R forward (5), Step R next to L (&), Point L to L side & touch with L hand the floor (6) 12:00
7 – 8 Come up (7), Jump with both feet closed (8) 12:00

Age Option: Kick R forward (5), Step R next to L (&), Point L to L side (6), Hold (7), Jump with both feet closed (8) 12:00

[17 – 24] Step L to L side, Cross & Sweep, Behind Cross, ¼ Turn R, Cross, Sway R-L-R, Weave Step

- 1 – 2 Step L to L side (1), Cross R behind L sweeping L back (2) 12:00
3&4 Cross L behind R (3), ¼ Turn R stepping R next to L (&), Cross L over R (4) 3:00
5 – 7 Sway R (5), L (6), R (7) 3:00
8&1 Step L behind R (8), Step R next to L (&), Cross L over R (1) 3:00

[25 – 32] Sway R-L, Behind Cross, ¼ Turn Stepping L, ½ Turn L Stepping R, ½ Turn Stepping L, ½ Turn L Stepping R

- 2 – 3 Sway R (2), L (3) 3:00
4 Cross R behind L (4) 3:00
5 – 6 ¼ Turn L stepping L forward (5), ½ Turn L stepping R next to L (6) 6:00
7 – 8 ½ Turn L stepping L forward (7), ½ Turn L stepping R next to L (8) 6:00
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