

Abre tu corazón

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Patricia Soran (AUT) - April 2024
音乐: Abre tu corazón (Remix) - El Símbolo & Azul Azul



INTRO: 32 Counts

RESTART: After 16 Counts in wall 2, 6 und 8

TAG (8 COUNTS): After wall 9

[1-8]: SIDE STEP R, TOGETHER, ¼-TRIPLE TURN R, ¼-STEP-TURN, CROSS L, ¼-TURN L, ½-TURN L

1-2 Step RF to side; Step together with LF
3&4 Step RF to side; Step together with LF; ¼-turn right (3:00) and step RF fwd.
5&6 Step fwd. with LF; ¼-turn right (6:00) and take weight on RF; Cross LF over RF
7-8 ¼-turn left (3:00) und step back with RF; ½-turn left (9:00) und step fwd. with LF

[9-16]: LOCK STEP, MAMBO FWD., KICK R, 2x HIP BUMP R, MAMBO BACK HEEL-SWITCH, SLIDE R, CROSS ROCK, ¼-TRIPLE TURN L

1&2 Step fwd. RF; Lock LF behind RF; Step fwd. RF
3&4 Step fwd. with LF; Recover on RF; Step back with LF
&5-6 Low Kick RF fwd. (&); Step back on RF and 2x Hip Bump right (5-6)
7&8 Step back with LF; Recover on RF; Step together with LF

RESTART HERE in wall 2 (facing 6.00), wall 6 (6:00) and wall 8 (12:00)

[17-24]: 2x ¼-PADDLE-TURN L, CROSS ROCK, SIDE ROCK, CROSS SHUFFLE, SIDE ROCK

1-2 ¼-turn left (6:00) und point RF to side; ¼-turn left (3:00) und point RF to side
3&4& Cross RF; Recover on LF; Step to side with RF; Recover on LF
5&6 Cross RF over LF; Close LF near behind RF; Cross RF over LF
7-8 Step to side with LF; Recover on RF

[25-32]: CROSS BEHIND, ¼-TURN R, STEP FWD. L, CROSS SAMBA, POINT L, ¼-TURN R WITH FLICK, CROSS SHUFFLE

1&2 Cross LF behind RF; ¼-turn right (6:00) and step RF fwd.; Small step fwd. with LF
3&4 Cross RF over LF; Step to side with LF; Recover on RF
5-6 Point LF fwd. (straight knee); ¼-turn right (9:00) and Flick LF
7&8 Cross LF over RF; Close RF near behind LF; Cross LF over RF

***TAG: After wall 9. Start at 9:00, End at 6.00**

***2x HIP BUMP R, 2x HIP BUMP L, ¾-CIRCLE WALK R**

1-4 Step to side with RF and 2x Hip Bump right (1-2); Recover on LF und 2x Hip Bump left (3-4)
5-8 ¾-circle walk with four walks (RF-LF-RF-LF) (ending at 6:00)

NOTE: Two more walls to go after the Tag, the dance ends at 12:00

HAPPY DANCING!

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