

On My Ride

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 1 级数: Intermediate
编舞者: Laura Turcaud (FR) - April 2024
音乐: Ride - twenty one pilots



– NO TAG, NO RESTART

Intro : 32c

L = Left – R = Right – LF = Left Foot – RF = Right Foot

(1-8) (Step-Together-Step, Touch) R&L

The body turned towards the L diagonal

1-4 RF to R, LF next to RF, RF to R, touch LF next to RF

(suggestion : turn your fists in front of you)

The body turned towards the R diagonal

5-8 LF to L, RF next to LF, LF to L, touch RF next to LF

(suggestion : turn your fists in front of you)

(9-16) Side Step R, Hold, Touch L, Side Step L, Together R, Hold, Toe Split

1-2 RF to R (right arm extended to the right at shoulder level looking to the right), hold

3 Touch LF next to RF (join the left arm outstretched next to the right arm on the right)

4 LF to L (spread your arms, stretched out on each side, at shoulder level)

5-6 RF next to LF (join arms extended upwards), hold (move arms forward)

7-8 Turn the toes outwards (open your arms, hands at belly level) 8) refocus your feet (close your arms)

(17-24) Travelling Swivels R, Touch L, Side Step L, Twist, Hitch R

1-3 Swivels RF toe-heel-toe to R

4-5 Touch LF next to RF, LF to L

6-7 Turn your heels to R, refocus the heels

8 Raise your R knee in front

(25-32) Step R, Hold, Step turn ½ L, ½ turn with Step Back L, Sweep R with 1/8 turn, Step Back R, Together L

1-2 Step RF, hold

3-4 LF forward, ½ turn R (on RF) 6H

5-6 ½ turn R and LF back, slide toe RF from front to back with 1/8 turn R (R diagonal) 12H-1H30

7-8 RF back, LF next to RF

(33-40) (Walk, Hold) R&L, Rock Step Fwd R, Full turn Back R

1-4 RF forward, hold, LF forward, hold

5-6 RF forward, recover on LF

5-8 ½ turn R and RF forward, ½ turn R and LF back

(41-48) Kick R, Cross Back R with 1/8 turn, Side Rock Step L, Cross Fwd L, Side Rock Step R, Cross Back R

1-2 R kick forward, 1/8 turn L and cross RF behind LF 12H

3-5 LF to L, recover on RF, cross LF in front of RF

6-8 RF to R, recover on LF, cross RF behind LF

(49-56) ¼ turn with Step Back L, Kick R, Step R, Flick L, Step-Together-Step Back L, Flick R

1-2 ¼ turn R and LF back, R kick forward 3H

3-4 Step RF, raise LF back

5-8 (Take small steps) LF back, RF next to LF, LF back, raise RF back

(57-64) Stomp Fwd R, Hold, ¼ turn, Hold, Knee Turn L, Touch R, Hold

1-2 Stomp RF forward, hold

3-4 ¼ turn L, hold 12H

5-6 Turn L knee inwards (heel LF raised outwards), refocus LF

7-8 Touch RF next to LF, hold

« All United » PASSION – PLEASURE – SHARING <3

Last Update - 7 Apr. 2024 - R1
