

If You Need Me

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 2
编舞者: Ayu Permana (INA) - April 2024
音乐: If You Need Me - Bouke

级数: Intermediate - Rolling count



SECTION 1. SIDE - BACK ROCK - CROSS ROCK - SIDE & HITCH - WEAVE & SWEEP - WEAVE (12.00)

1-2a3 Step L to side - Step rock R backward - Recover on L - Step R to side
4a5 Step rock L across R - Recover on R - Step L to side, hitch R
6a7 Cross R over L - Step L to side - Step R behind L, sweeping L from front to back
8&a Step L behind R - Step R to side - Cross L over R

SECTION 2. 1/2 DIAMOND TURN - BASIC NC - SIDE - BEHIND - 1/4 TURN - 3/8 TURN & HITCH (10.30)

1-2a Step R to side - Turn 1/8 left, step back on L (10.30) - Step R backward
3-4a Turn 1/8 left, step L to side (9.00) - Turn 1/8 left, step R forward (7.30) - Step R forward
5-6& Long step R to side, making 1/8 turn left (6.00) - Step L behind R - Cross R over L
a7-8a Step L to side - Step R behind L - Turn 1/4 left, step L forward (3.00) - Make 3/8 turn on ball of L, hitch R (10.30)

SECTION 3. RUN DIAGONALLY FWD - FORWARD ROCK - BACK - 1/8 TURN - 1/8 TURN & FORWARD ROCK - 3/8 TURN - BASIC NC (12.00)

1-2 Step forward on R - L
a3 Step rock R forward - Recover on L
4a Step R backward - Turn 1/8 left, step L to side (9.00)
5-6a Turn 1/8 left, step rock R forward (7.30) - Recover on L - Turn 3/8 right, step R forward (12.00)
7-8a Long step L to side - Step R behind L - Cross L over R

SECTION 4. SIDE - SHUFFLE 1/4 TURN - RUN FORWARD - FORWARD ROCK & HITCH - COASTER STEP - CROSS ROCK (06.00)

1 Long step R to side
2a3 Turn 3/8 left, step L forward (7.30) - Step R close to L - Turn 1/8 left, step L forward (6.00)
4&a5 Step forward on R & L (4&) - Step rock R forward - Recover on L, hitch R
6a7 Step R backward - Step L next to R - Step R forward
8a Cross rock L over R - Recover on R

REPEAT

ENJOY AND HAPPY DANCING

Contact: permanaayu@yahoo.com