

Feel Like Paradise

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Paradise (feat. Benjamin Ingrosso) - Ofenbach



Intro 16 count

Sequence:

Wall 1 & 4 – 64 count

Wall 2 – 32 count

Wall 3 & 5 – 48 count

Wall 6 ending – 32 count

Sec 1 : Heel Jack, 1/2R Turn, L Forward Shuffle

1,2 Step RF to R, step LF behind RF
&3&4 Step RF next LF, L heel diagonal forward, close LF next to RF, cross RF over LF
5,6 Step back LF 1/4R turn, step RF to 1/4R [6]
7&8 Step LF forward, close RF next to RF, step LF forward

Sec 2 : R Rock, Behind Side Cross, Press L 1/4L Turn, L Coaster

1,2 Rock to R, recover on LF
3&4 Step RF behind LF, step LF to L, cross RF over LF
5,6 Press LF to L, weight on RF make 1/4L turn [3]
7&8 Step back LF, close RF next to LF, step LF forward

Sec 3 : Tic Toc 1/2L, L Coaster, Kick and Point

1&2 Step RF forward, turn 1/4L swivel L heel in, turn 1/4L swivel R heel out [9]
3&4 Step LF back, close RF next to LF, step LF forward
5&6 Kick RF forward, step down on RF, point LF to L
7&8 Kick LF forward, step down on LF, point RF to R

Sec 4 : Cross Back Back, Heel switch, Big step 1/4L turn

1,2&3 Cross RF over LF, step back on LF, step RF diagonal back, cross LF over RF
4& Step back RF, close LF next RF
5&6& R heel forward, recover on RF, L heel forward, recover on LF
7,8 Big step to R turning 1/4L [12]

***Restart after 32 count on Wall 2**

Sec 5 : Applejack, R Sailor, 1/4L Sailor

1 Weight on L toe & R ball, turn L heel in, R toes out
& Turn both feet back to center
2 Weight on R toe & L ball, turn R heel in, L toes out
& Turn both feet back to center
3 Weight on L toe & R ball, turn L heel in, R toes out
& Turn both feet back to center
4 Weight on R toe & L ball, turn R heel in, L toes out
& Turn both feet back to center (weight on LF)
5&6 Sweep RF behind LF, step LF to L, RF on place
7&8 Sweep LF making 1/4L turn, close RF next to LF, step LF to L [9]

Optional – Swivel both heels to R,L on count 1&2&3&4&

Sec 6 : Travelling Forward Cross and Heel, Cross Step Together

1&2& Cross RF over LF, close LF next RF, RF heel forward, step RF next LF

3&4& Cross LF over RF, close RF next LF, LF heel forward, step LF next RF

5&6 Cross RF over LF, step LF next to RF

7&8 Cross LF over RF, step RF to RF, close LF to RF

(travelling forward as you do the steps for Sec 6)

*Restart after 48 count on Wall 3, 5 – step RF to R making 1/4L to start on count 1

Sec 7 : Pivot 1/2L turn, Hop forward n back, Open & close, 1/4L open & close

1,2 Step RF forward, turning 1/2L by stepping on LF [3]

&3&4 Step RF forward, close LF next to RF, step RF back, close LF next to RF

&5&6 Step RF to R, step LF to L, step RF to center, step LF next to RF

&7&8 Step RF to R making 1/4L turn, step LF to L, step RF to center, step LF next to RF [[6]

Sec 8 : Syncopated Cross Rock, Full Paddle L Turn, Flick

1, 2& Cross RF over LF, recover on LF, step RF next to LF,

3, 4& Cross LF over RF, recover on RF, step LF next to RF

5-8 Making 1/4L turn, step RF out to R, Making 1/4L turn, step RF out to R, Making 1/2L turn, step RF out to R, Flick RF behind LF [6]

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