

# Better Me

拍数: 32      墙数: 2      级数: Improver  
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音乐: Better Me - Michael Schulte & R3HAB



Intro: 32 Counts 1 Restart

## Section 1: SIDE ROCK, CROSS SAMBA, JAZZ BOX ¼, TOUCH

1 2            RF step to right side, recover on LF(12:00)  
3 & 4        RF cross over LF, LF step to left side, recover on RF (12:00)  
5 6           LF cross over RF, RF step back (12:00)  
7 8           LF ¼ step to left side, RF touch next to LF(9:00)

## Section 2: CHASSÈ R, ¼ CHASSÈ L, POINT FWD, POINT R, SAILOR ½ TURN

1 & 2        RF step to right side, LF close to RF, RF step to right side (9:00)  
3 & 4        ¼ turn stepping LF to left side, RF close to LF, LF step to left side (6:00)  
5 6           RF point fwd, RF point to right side (6:00)  
**\*Restart here on wall 5 (6:00) with step change**  
7 & 8        RF cross behind LF, step LF slightly to left side, ½ turn R stepping LF fwd (12:00)

## Section 3: DOROTHY, STEP, TOUCH BEHIND, STEP BACK, ½ TURN, STEP ½ SWIVEL TURN

1 2 &        LF step fwd, RF lock behind LF, LF step fwd (12:00)  
3 4           RF step fwd, LF touch behind RF (12:00)  
5 6           LF step back, RF ½ turn step fwd (6:00)  
7 & 8        LF step fwd, RF swivel ¼ L, LF swivel ½ L (12:00)

## Section 4: ¼ TURN, POINT, ¼ TURN, POINT, STEP TURN ½, COASTER CROSS

1 2           ¼ turn R stepping RF to right side, LF point to left side (3:00)  
3 4           ¼ turn L weight on LF, RF point to right side (12:00)  
**\*\*Ending after wall 10 (12:00) with step change**  
5 6           RF step fwd, ½ turn L (weight on RF) (6:00)  
7 8           LF step back, RF close to LF, LF cross over RF (6:00)

### \*Restart:

7 8           RF touch behind LF, ½ turn R (weight on LF) (12:00)

### \*\*Ending:

5 6           RF step fwd, ½ turn L (6:00)  
7 8           RF step fwd, ½ turn L (12:00)

Last Update: 4 Apr 2024