

Ladies Night

拍数: 32 墙数: 4 级数: Beginner
编舞者: Grant Stanley (SCO) - April 2024
音乐: Ladies Night - The Overtones
或: After All - Daniel O'Donnell



[1-8] Side, Together, Shuffle Forward, Side, Together, Shuffle Back

1-2 Step R to R side, Step L next to R
3&4 Step fwd on R, Step L together, Step fwd R
5-6 Step L to L side, Step R next to L
7&8 Step back L, Step L together, Step back L

[9-16] Side, Touch, 1/4 Turn, Touch, Side, Touch, 1/4 Turn, Touch,

1-2 Step R to R Side, Touch L next to R
3-4 Step L to L side making 1/4 L, Touch R next to L
5-6 Step R to R Side, Touch L next to R
7-8 Step L to L side making 1/4 L, Touch R next to L

[17-24] Side Shuffle, Rock Back, Recover x2

1&2 Step R to R side, Step L together, Step R to R side
3-4 Rock back on L, Recover on R
5&6 Step L to L side, Step R together, Step L to L Side
7-8 Rock back on R, Recover on L

[25-32] Toe Strut x2, Jazz Box 1/4 Turn

1-2 Right toe fwd, Drop your heel down
3-4 Left toe fwd, Drop your heel down
(Styling: Shimmy shoulders when doing heel struts)
5-6 Cross R over L, Step back on L,
7-8 Step R to R side making 1/4 R, Step L together

No Tags and Restarts

Enjoy and Happy Dancing
