I Gotta Dance

级数: Beginner



拍数: 32

墙数:4

编舞者: Lynn Card (USA) - January 2024

音乐: Dance, Dance, Dance - Mandisa

Intro: 40 counts - *start dance after first chorus and it will end at front where you started *start dance facing 10:30 diagonal

STEP, KICK, BEHIND, SIDE, CROSS, KICK, CROSS BEHIND, POINT

- 1,2,3,4 Facing 10:30 diagonal step R forward, Kick L forward (10:30), Cross L behind R, Step R to right side
- 5,6,7,8 Cross L over R, Kick R to right diagonal (1:30), Cross R behind L, Point L to left side squaring up to 12:00

CROSS BEHIND, POINT, ROCK BACK, RECOVER, TOE STRUTS

- 1,2,3,4 Cross L behind R, Point R to right side, Rock R back, Recover forward on L
- 5,6,7,8 Touch R toe forward, Press R heel to floor, Touch L toe forward, Press L heel to floor (weight on L)

ROCKING CHAIR, BALL STEP & CLAP, BALL STEP & CLAP

- 1,2,3,4 Rock R forward, Recover back on L, Rock R back, Recover forward on L
- &5,6&7,8 Step R with a little hop forward to right diagonal (1:00), Touch L next to R, Clap about chest high, Step L with a little hop to left diagonal (11:00), Touch R next to L, Clap about chest high

STEP BACK, TOUCH, STEP BACK, TOUCH, VINE 1/8 TURN

1,2,3,4 Step R back to right diagonal (4:00), Touch L next to R, Step L back to left diagonal (8:00), Touch R next to L

(for styling...snap down low to the right as you touch L next to R and snap low left as you touch R next to L)

5,6,7,8 Step R to right side, Step L behind R, Turn ½ to right stepping R forward (1:30), Step L forward (1:30)

REPEAT

ENDING: end the dance on count 1 on RF

*Thank you to Janet and Courtney for the song request. This one is for you ladies.

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