

60 Seconds to Country Lovin'

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Easy Improver
编舞者: Urban Danielsson (SWE) - March 2024
音乐: It Only Took a Minute for My Country to Love Country - Jill Johnson



Intro: 16 counts

Section 1: Side rock-recover, cross shuffle, side rock-recover, cross shuffle

1 – 2 Rock right to right side, recover weight onto left
3&4 Step right across in front of left, step left to left side, step right across in front of left
5 – 6 Rock left to left side, recover weight onto right
7&8 Step left across in front of right, step right to right side, step left across in front of right

Restart: Restart here on wall 4

Section 2: Point, together, point, together, heel, together, heel, together, step turn ½ with flick, cross, back

1&2& Point right to right, step right next to left, point left to left side, step left next to right
3&4& Touch right heel forward, step right next to left, touch left heel forward, step left next to right.
5 – 6 Step right foot forward, pivot ½ turn left step left foot forward while to a flick back with right foot (optional with a small jump) (6:00)
7 – 8 Cross right foot across in front of left, step left foot back

Section 3: Rock-recover, step-lock-step, ½ turn, ½ turn, forward coaster step

1 – 2 Rock right foot back, recover weight onto left foot
3&4 Step right foot forward, lockstep left behind of right, step right foot forward.
5 – 6 Turn ½ right step back on left, turn ½ right step forward on right (alternative with no turning: walk forward on left foot, walk forward in right foot)
7&8 Step left foot forward, step right next to left, step left foot back

Section 4: Jump back diagonally and touch and hold x 2, sway right, left, right, left

&1 – 2 Jump back diagonally to right and step down on right foot, touch left next to right, hold and clap
&3-4 Jump back diagonally to left and step down on left foot, touch right next to left, hold and clap
5 – 6 Sway both hips and body to right, sway both hips and body to left – this can be done a little exaggerative

Restart Restart here on wall 3 and 7

7 – 8 Sway both hips and body to right, sway both hips and body to left – this can be done a little exaggerative

RESTART and ENJOY!

Restart: On wall 3 (facing back wall) and 7 (facing front wall) after 30 counts

Restart: On wall 4 (facing back wall) after 8 counts.

Ending: On wall 9 after 24 counts facing front: jump back and out with both feet, and clap your hands above your head.