

# Ride On

拍数: 80      墙数: 1      级数: Intermediate  
编舞者: Chrystel DURAND (FR) - March 2024  
音乐: Ride On - Cloverdayle



Intro : 32 counts

## [1-8] CROSS, SIDE, SAILOR STEP R& L, STEP ½ TURN L

1-2            Cross right over left, step left to left side  
3&4           Cross right behind left, step left to left side, step right to right side  
5&6           Cross left behind right, step right to right side, step left to left side  
7-8           Step right forward, ½ turn left (weight on left) 6.00

## [9-16] ¼ TURN L & SHUFFLE SIDE, ROCK BACK, KICK BALL CROSS & CROSS & CROSS

1&2           ¼ turn left stepping right to right side, step left next to right, step right to right side 3.00  
3-4           Rock left back, recover on right  
5&6           Kick left diagonally left forward, ball left next to right, cross right over left  
&7&8          Step left to left side, cross right over left, step left to left side, cross right over left

## [17-24] L ROCKING CHAIR DIAGONALLY FORWARD, STEP ½ TURN, SHUFFLE L FORWARD

1-2           Rock left diagonally left forward, recover on right 1.30  
3-4           Rock left diagonally back, recover on right 1.30  
5-6           Step left forward, ½ turn right (weight on right foot) 7.30  
7&8           Step left forward, step right next to left, step left forward 7.30

## [25-32] STEP R FORWARD, STEP L BACK DIAG L, TOGETHER, SHUFFLE FORWARD, HEELS SWITCHES, TOE BACK, UNWIND

1            Step right forward 7.30  
2&           ¼ turn left stepping left back, step right next to left 4.30  
3&4           Step left forward, step right next to left, step left forward 4.30  
5&6&          Right heel forward, step right next to left, left heel forward, step left next to right  
7-8           touch right toe behind left, unwind 5/8 turn right (1 + ¼) weight on right foot 12.00

On wall 5, tag 2 and restart the dance

The next 32 counts are de same but starting with left foot cross over right

## [33-40] CROSS, SIDE, SAILOR STEP L & R, STEP ½ TURN R

1-2           Cross left over right, step right to right side  
3&4           Cross left behind right, step right to right side, step left to left side  
5&6           Cross right behind left, step left to left side, step right to right side  
7-8           Step left forward, ½ turn right (weight on right foot) 6.00

## [41-48] ¼ TURN SHUFFLE SIDE, ROCK BACK, KICK BALL CROSS & CROSS, & CROSS

1&2           ¼ turn right stepping left to left side, step right next to left, step left to left side 9.00  
3-4           Rock right back, recover on left  
5&6           Kick right diagonally right forward, ball right next to left, cross left over right  
&7&8          Step right to right side, cross left over right, Step right to right side, cross left over right

## [49-56] ROCKING CHAIR DIAGONALLY FORWARD, STEP ½ TURN, SHUFFLE

1-2           Rock right diagonally right forward, recover on left 10.30  
3-4           Rock right back, recover on left 10.30  
5-6           Step right forward, ½ turn left (weight on left foot) 4.30  
7&8           Step right forward, step left next to right, step right forward 4.30

**[57-64] STEP DIAG FORWARD, STEP BACK DIAGL, TOGETHER, SHUFFLE FORWARD, HEELS SWITCHES, TOE BACK, UNWIND**

- 1 Step left forward 4.30  
2& ¼ turn right stepping right back, step left next to right 7.30  
3&4 Step right forward, step left next right, step right forward 7.30  
5&6& Left heel forward, step left next to right, right heel forward, step right next to left  
7-8 touche left toe behind right, unwind 5/8 turn left (1 + ¼) weight on left foot 12.00

**On wall 4, tag 1 and continue the dance**

- 65-72 ROCK R FORWARD, TOGETHER, ROCK L FORWARD,, SHUFFLE ½ TURN, FULL TURN  
1-2 Rock right forward, recover on left  
&3-4 Step right next to left, rock left forward, recover in right  
5&6 ¼ turn left stepping left to left side, step right next to left, , ¼ turn left stepping left forward  
7-8 ½ turn left stepping right back, ½ turn left stepping left forward

**[73-80] ROCK R FORWARD, TOGETHER, ROCK L FORWARD,, SHUFFLE ½ TURN, FULL TURN**

- 1-2 Rock right forward, recover on left  
&3-4 Step right next to left, rock left forward, recover in right  
5&6 ¼ turn left stepping left to left side, step right next to left, , ¼ turn left stepping left forward  
7-8 ½ turn left stepping right back, ½ turn left stepping left forward

**On wall 4, tag 1**

**RESTART : on wall 2, dance the 52 first counts and restart the dance from the beginning ( facing at 12.00)**

**TAG 1: on wall 4, after 64 counts face at 12.00, and at the end of this wall 4, face at 12.00, add the 4 following counts:**

**[1-4] rocking chair**

- 1-4 Rock right forward, recover on left, rock right back, recover on left

**TAG 2/RESTART: on wall 5, after 32 counts, face at 12.00, add the following steps and restart the dance from the beginning :**

**[1-4] rock step forward, coaster step**

- 1-2 Rock left forward, recover on right  
3&4 Step left back, step right next to left, step left forward

**HAVE FUN !**

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