

# Runner

拍数: 48      墙数: 1      级数: Low Intermediate  
编舞者: Flavio Pallaro (IT) - 2023  
音乐: Something's Gonna Kill Me - Corey Kent



## Start dancing on lyrics

### WEAVE RIGHT, SCISSORS STEP, WEAVE RIGHT, SCISSORS STEP

&1&2      Step right to right, cross left behind, step right to right, cross left over.  
3&4      Step right to right, step left together, cross right over.  
&5&6      Step left to left, cross right behind, step left to left, cross right over.  
7&8      Step left to left, step right together, cross left over.

### MAMBO STEP FORWARD AND BACK, SWIVET RIGHT AND LEFT, SWIVEL FULL TURN, STOMP UP, STOMP

1&2      Step right forward, recover on left, step right together.  
3&4      Step left back, recover on right, step left together.  
&5      Right heel to the right (weight on toe), right heel on centre.  
&6      Left heel to the left (weight on toe), left heel on centre.  
7      Weight on right heel and left toe, full turn right  
&8      Twice stomp left

### KICK BALL CROSS, LONG STEP, KICK BALL CROSS, LONG STEP

1&2      Kick right forward, right next left, cross left over.  
3-4      Long step right to right, slide left and touch.  
5&6      Kick left diagonal / forward, left next right, cross right over.  
7-8      Long step left to left, slide right and touch.

### SWITCH HELL / TOE, MONTEREY TURN, SWITCH HELL FORWARD

1-2-3&      Right heel forward, touch toe right back, touch toe right to side, right next left.  
4&      Touch left to left, left next right with weight.  
5&6&      Touch right to side, turn ½ right and right next left with weight, touch left to left, left next right.  
7&8&      Right heel forward, right together left, left heel forward, left together right.

### FULL TURN RIGHT IN DIAGONAL, ROCK STEP FORWARD, CHASSE

1-3      Step right diagonal forward, full turn right (left, right).  
&4      Step left behind right, step right diagonal forward.  
5-6      Rock step left diagonal forward.  
7&8      Left chasse (left, right, left) (6.00).

\*Only second wall, restart

### FULL TURN LEFT, CROSS SHUFFLE, ROCK SIDE, BEHIND, CROSS

1-2      Full turn right (right, left) (6.00).  
3&4      Left cross shuffle (cross right over left, left side, cross right over left).  
5-6      Rock side left (weight on right)

\*Only first wall > 5-6 Step left side, touch toe right together, and restart.

7&8      Step left behind, right side, cross left over right

Last Update - 27 Mar. 2024-R1