

# Standing

拍数: 32      墙数: 4      级数: Improver  
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音乐: Standing Next to You (USHER Remix) - Jung Kook & USHER



No tags, no restarts.

## Heel-strut with Hip bumps R,L, syncopated jazz-box, heel bounce

1&2      place R heel to right diagonal and push hips to right (1), hips Back to left(&), movie weight to right while push hips to right (2)  
3&4      place L heel to left diagonal while push hips to left(3), push hips Back to right(&), weight to L while pushing hips to left (4)  
5&6&7      step R over left (5), step L Back (6), step R to right (&) step L over right (7)  
&8      lift your heels up(&) being heels down(8)

## Side rock-steps R,L, triple step with 3/4turn to left , walk R,L

1 2&3 4      step R to right side (1), recover L (2), step R next to left (&), step L to left side (3), recover weight to L (4).  
5&6 3      /4turn to left with triple step L,R,L (3:00)  
7 8      step R forward (7), step L forward (8)

## R rock-step fwd, R step back, L together, step point R,L

1 2      step R forward (1) , recover Back L (2)  
3 4      step R back (3) , step L together right (4)  
5 6      step R forward (5), point L to left side(6)  
7 8      step L forward (7). Point R to right side(8)

## R heel-grind,L heel-grind, R ½ pivot, V-step

1 2&      dig R heel forward (1), step L (2), step R together (&)  
3 4&      dig L heel forward (3), step R (4), step L together (&)  
5 6      step R forward (5), turn ½ left weight on L(6),  
7&8&      step R forward to right diagonal (7), step L forward to left diagonal (&), step R back to center(8), step L together right (&).

Repeat.

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