

Dream, Hope, Pray

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Mike Liadouze (FR) - March 2024
音乐: Better Days - Arman Cekin, Faydee & KARRA



Introduction: 16 counts

[1-8] WALK FWD x2, OUT OUT IN CROSS, TOUCH, PRESS, HIP ROLL ¼ L SWEEP

1-2 Step RF forward, Step LF forward
&3&4 Step RF diagonally forward, Step LF diagonally forward, Step RF together, Cross LF over RF
5-6 Touch R toe together, Press R toe side
7& Recover on LF side starting hip roll counterclockwise, Recover on RF side continuing hip roll back
8 ¼ turn L... Recover on LF forward finishing hip roll with sweep RF forward (9:00)

[9-16] CROSS, SIDE, BACK CROSS SAMBA, BEHIND, REVERSE PADDLE TURN ¼ R, FLICK ½ R

1-2 Cross RF over LF, Step LF side
3&4 Cross RF behind LF, Rock step LF side, Recover on RF side
5-6-7 Cross LF behind RF, ⅛ turn R... Press touch D side, ⅛ turn R... Press R toe side (12:00)
8 Flick RF ½ turn R... Weight on LF (6:00)

[17-24] WALK FWD x2, ROCK FWD, ¼ R STEP SIDE, POINT SIDE, ROLLING VINE

1-2 Step RF forward, Step LF forward
3-4 Rock step RF forward, Recover on LF back
5-6 ¼ turn R... Step RF side, Touch LF side (9:00)
7-8 ¼ turn L... Step LF forward, ½ turn L... Step RF back (12:00)

Options on walls 1 & 4 :

- Replace counts 1-2 by boogie walk forward x4 (RLRL=1&2&)

- Arms on counts 3 to 6 : Stretch both arms forward (3-4), Bend arms passing hands under chin (5), Stretch both arms side (6)

Arms options on walls 3, 6 & 8 counts 3 à 6 : Stretch R arm forward, L arm back (3), Raise R arm over head like a clock hand in 3 tics (&4&), 2 arms stretch side (5), snap L finger (6)

[25-32] BIG STEP SIDE, DRAG, TOGETHER CROSS SHUFFLE, BOX STEP ½ L, TOGETHER

1-2 ¼ turn L... Big step LF side, Drag RF together (or touch R toe : walls 3, 6, 8) (9:00)
&3&4 Step RF together, Cross LF over RF, Step RF side, Cross LF over RF
5-6 Step RF side, ¼ turn L... Step LF side (6:00)
7-8 ¼ turn L... Step RF side, Step LF together popping R knee (3:00)

TAG at the end of 3rd wall (9:00)

[1-4] SLOW ROCK STEP FORWARD (BODY ROLL)

1-2-3 Rock step RF forward (option : body roll from chest down)
4 Recover on LF back (finishing body roll anchoring L hip)

Have FUN !!! ☐