

Get To Movin' Again

COPPERKNOB
BY STEPHENETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Sandra Moschel (FR) - March 2024
音乐: Get To Movin' Again - Brothers Osborne



[1-8] Heel (R) fwd - Point (R) back - Shuffle fwd, Rock fwd - Coaster step

1-2 Front PD heel - Rear PD toe
3&4 RF forward - LF next to RF - RF forward
5-6 LF forward with support - Return support PD
7&8 LF back - RF next to LF - LF forward

[9-16] Point (R) fwd - Side Point - Coaster step, Point (L) fwd - Side Point - Coaster step

1-2 Point PD forward - Point PD right
3&4 RF rear - LF next to RF - RF front
5-6 Point LF forward - Point LF left
7&8 LF back - RF next to LF - LF forward

[17-24] Cross Rock (R) - Side Shuffle - Cross Rock (L) Side Shuffle 1/4 turn (L) ***

1-2 Cross RF in front of LF with support - Return support PG
3&4 PD to the right - LF next to PD - PD to the right
5-6 Cross LF in front of PD with support - Return support PD
7&8 LF to left - RF next to LF - 1/4 turn to left - LF forward

[25-32] Step (R) fwd - 1/2 turn (L) - Run x3 - Step (L) fwd 1/4 turn (R) - Shuffle fwd

1-2 PD forward - 1/2 turn left
3&4 RF forward - LF forward - RF forward (run)
5-6 LF forward - 1/4 turn to the right
7&8 LF forward - RF next to LF - LF forward

Restart: At the 3rd wall after the 1st section

*** Option: At Cross Rock you can bend the back leg and touch the heel with the opposite hand

sandra.moschel@orange.fr