

The Tractors' Boogie

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: High Beginner
编舞者: Don Pascual (FR) - February 2024
音乐: Good Old Days - The Tractors



Start on vocals

Section 1: R stomp up inward, R toe fans, R kick fwd x2, R back rock step

1-4 Stomp up R inward (your R knee facing L diagonal), swivel R toe to the R, to the L, to the R
5-8 R kick fwd x2, (slightly jumping) R back step, recover onto L

Section 2: R triple step fwd, L stomp up inward, L toe fans *

1-4 Step R fwd, L beside R, step R fwd, stomp up L beside R (your L knee facing R diagonal)
5-8 Swivel L toe to the L, to the R, return to center (keeping weight on R)

*** Restart: Wall 5 facing 12 o'clock, take weight on L at the end of section 2 and restart the dance**

Section 3: L kick fwd x2, L stomp up x2, point L to the L, L beside R, point L to the L, L hook

1-4 L kick fwd x2, stomp up L beside R x2
5-8 Point L to the L, touch L beside R, point L to the L, L hook behind R

Section 4: L side shuffle making a L ¼ T, tap R beside L, R back rock step x2

1-4 Step L to the L, R beside L, L ¼ T & step L fwd, tap R toe beside L
5-8 Slightly jumping: (Step R backward, recover onto L) x 2

Section 5: Jazz box R ¼ T x 2

1-4 Cross R in front of L, L back step, R ¼ T & step R to the R, step L fwd
5-8 Cross R in front of L, L back step, R ¼ T & step R to the R, step L fwd

Section 6: Stomp R fwd, hold, stomp L fwd, hold, boogie walks RLRL fwd

1-4 Stomp R fwd, hold, stomp L fwd, hold
5-6 (Legs slightly bent, your upper body staying motionless): R ball fwd (R diagonal) while swiveling your L heel to the L, L ball fwd (L diagonal) while swiveling your R heel to the R
7-8 Repeat counts 5-6

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