

Tragedy

拍数: 32 墙数: 4 级数: Improver
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音乐: Tragedy - Marc Anthony



intro: 32 counts

Restart: after 16 counts on 4 wall (facing 9:00) step change

[7&8] cross shuffle --> fwd shuffle

7&8 cross LF over RF, step RF to R, cross LF over RF-->

7&8 step LF fwd, step RF beside LF, step LF fwd

section 1: walk R-L 1/4 L Ball cross step RF fwd, fwd rock recover back sweep x2 L-R

1-2 walk RF fwd, walk LF fwd

& 3-4 turn 1/4 L stepping RF to R side (&), cross over LF over RF (3), step RF fwd (4)

5-6 Rock LF fwd, recover weight onto RF

7-8 step LF back sweeping RF from front to back, step RF back sweeping LF from front to back

section 2: sailor step, 1/4 turn R, sailor step, pivot 1/4 turn R, cross shuffle

1&2 step LF behind RF (1), step RF to right (&) step LF to left (2)

3&4 making 1/4 turn R, step RF behind LF, step LF to left, step RF fwd

5.6 step LF fwd, 1/4 turn R, step RF on R

7&8 cross LF over RF, step RF to R, cross LF over RF

section 3: side Rock, recover, weave, side Rock 1/4 turn L recover back kick

1-2 rock RF to right (push hip to the right) recover weight back on LF (pull hip backwards)

3&4 step RF behind LF, step LF to left side cross RF over

5.6 rock LF to left, making 1/4 turn L recover weight back on RF

7.8 step LF back, step RF kick fwd

section 4: rock back recover walk fwdx2 R-L, 1/4 L paddle turnx2

1-2 rock back on RF, recover on LF

3-4 walk RF fwd, walk LF fwd

5-6 step RF fwd, paddle 1/4 turn L

7-8 step RF fwd, paddle 1/4 turn L