Forever and Ever (Morning Sun)



拍数: 32 墙数: 4 级数: High Beginner

编舞者: Luci Chryz (INA) & AndreClassic (INA) - March 2024 音乐: For Ever And Ever (And Ever) - Engelbert Humperdinck



Intro: 32c - Start RF

Sec 1 - Side rock	recover, cross shuffle.	Side rock 1/1	recover eten in place	coaster sten
Sec 1 - Side fock.	. recover. cross snume.	Side fock. 74L	. recover sted in diace.	coaster step

4.0	D DE () (41 D	
12	Rock RF to side (1) Recover on	1 LF (2)

3&4 Cross RF over LF (&) Step LF to side (&) Cross RF over LF (4)

5 6 Rock LF to side (5) ¼ L recover on RF facing 09.00 (6) 7&8 Step LF back (7) Together RF (&) Step LF forward (8)

Sec 2 - Fwd rock, recover, step back, hook Fwd rock recover, 1/4L step side, touch

12	Rock RF forward ((1)	Recover on LF	(2)

3 4 Step RF back (3) Hook LF (4)

Sec 3 - Rumba box (with hold or touch)					
1 2	Step RF to side (1) Step LF together (2)				

3 4 Step RF forward (3) Hold/touch (4)

5 6 Step LF to side (5) Step RF together (6)

7 8 Step LF back (7) Hold/touch (8)

Sec 4 - Step back, kick, step in place, kick, 1/4L step side, touch, side, touch

12	Sten	RF	back	(1)	Kick	ΙF	forward (2)
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3 4 Step LF in place (3) Kick RF forward (4)

5 6 ½ L Step RF in place (5) Touch LF (6)

7 8 Step LF to side (7) Touch RF (8)

ENJOY THE DANCE □

Submitted by dechryz@gmail.com

^{*}Restart here on W6 after 24C (Restart facing 09.00)*