

I Can Dance

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Vibeke B. Sogaard (DK) - March 2024
音乐: I Can Dance - Sugar & The Lollipop



Music can be bought on Spotify and iTunes

Intro: 32 Counts No tags - No restarts

SEC. 1: CHASSE, BACK ROCK, RECOVER, CHASSE, BACK ROCK, RECOVER

1&2 Step R to right, Step L beside R, Step R to right
3-4 Rock L back, Recover on R
5&6 Step L to left, Step R beside L, Step L to left
7-8 Rock R back, Recover on L

SEC. 2: SHUFFLE FWD, JAZZBOX

1&2 Step R fwd, Step L beside R, step R fwd
3&4 Step L fwd, Step R beside L, Step L fwd
5-6 Cross R over L, Step back on L
7-8 Step R to right side, Step L fwd

SEC. 3: CROSS ROCK SIDE, HOLD, CROSS ROCK TURN ¼ L SIDE, HOLD AND CLAP

1-2 Cross R over L, recover on L,
3-4 Step R to right side, Hold and clap
5-6 Cross L over R, recover on R,
7-8 ¼ turn left stepping L to left side, Hold and clap

SEC. 4: HEEL, HOOK, HEEL, STEPS IN PLACE

1-2 Touch R heel Fwd, Hook R heel In Front of left knee
3-4 Touch R heel Fwd, Step R in place beside L
5-6 Touch L heel Fwd, Hook L heel In Front of right knee
7-8 Touch L heel Fwd, Step L in place beside R

Ending: To end towards 12:00 o'clock, dance wall 13 til after jazzbox i sec. 2, make one more jazzbox and step forward on R

Enjoy and have fun

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