

# If You Need Anything

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Chrystel DURAND (FR) - March 2024  
音乐: If You Need Anything Down Here - Travis Denning



Intro : 2 x 8

**[&1-8] TOUCH, SIDE, ROCK BACK, ROCK SIDE, RECOVER WITH ½ TURN, STEP FWD, ½ TURN L, ½, TURN L, 1/2 TURN L, SWEEP, BEHIND SIDE CROSS, SIDE**

&1            Touch right next to left, step right to right side  
2&            Rock left back, recover on left  
3&4           Rock left on left side, ¼ turn right recovering on right, step left forward 3.00  
5&            ½ turn left stepping right back , ½ turn left stepping left forward 3.00  
6&            ½ turn left stepping right back, sweep left around from front to back 9.00  
7&8&        Cross left behind right, step right to right side, cross left over right, step right to right side

**[9-16 &] CROSS ROCK & CROSS ROCK, TOGETHER, CROSS, SIDE, SAILOR ¼ TURN , TOGETHER**

1-2&        Rock left cross over right, recover on right, step left to left side  
3-4&        Rock right cross over left, recover on left, step right to right side  
5-6         Cross left over right, step right to right side  
7&8&        Cross left behind right, ¼ turn left stepping next to left, step left forward, step right next to left 6.00

**[17-24&] STEP L FORWARD, ½ DIAMOND, STEP ½ STEP, SWEEP, CROSS, SIDE**

1            Step L forward  
2&3        Cross right over left, 1/8 turn right stepping left slightly to left side, step right back 7.30  
4&5        Step left back, ¼ turn right stepping right to right side, step left forward 10.30  
6&7        Step right forward (10.30), ½ turn left, step right forward 7.30  
8&8        (face at 6.00) sweep L from back to front, cross left over right, step right to right side 6.00

**[25-32] CROSS, ¼ TURN R, STEP ½ TURN, SHUFFLE FORWARD, STEP R FORWARD, STEP ¼ TURN CROSS**

1            Cross left over right  
2            ¼ turn right stepping right forward 9.00  
3&        Step left forward, ½ turn right (weight on right) 3.00  
4&5        Step left forward, step right next to left, step left forward  
6         Step right forward  
7&8        Step left forward, ¼ turn right, cross left over right 6.00

**TAG : at the end of wall 1(face at 6.00) and wall 2 (face at 12.00) add the 8 followings steps**

**[1-8] STEP TOUCH BACK SWEEP, BEHIND SIDE CROSS, STEP TOUCH BACK SWEEP, BEHIND SIDE CROSS**

1&2&        Step right diagonally right forward, touch left next to right, step left back, sweep R around from front to back  
3&4        Cross right behind left, step left to left side, cross right over left  
5&6&        Step left diagonally left forward, touch right next to left, step right back, sweep L around from front to back  
7&8        Cross left behind, step right to right side, cross left over right

**RESTART : on wall 3, dance the first 24 counts (don't make « & « step right to right side) and restart the dance from the beginning (face at 6.00)**

**Final : The dance ends face at 12.00 after having done the first two steps from the start of the dance (&1)**

HAVE FUN !

Chrystel DURAND - email [barail.ranch@orange.fr](mailto:barail.ranch@orange.fr) website <http://www.barailranch.site-fr.fr/>

---