

Hey Cowboy

COPPERKNOB
STEPSHEETS

拍数: 32
编舞者: Eva Doell (USA) - March 2024
音乐: Hey Cowboy - Devon Cole

墙数: 2

级数: Intermediate - Contra



8 COUNT INTRO

(1-8) walk forward RF, walk forward LF, triple forward right, walk back LF, walk back RF, triple back left

1,2 ; walk forward RF (1) walk forward LF (2)
3&4 ; triple step forward, RF forward (3), together LF (&), RF forward (4)
5,6 ; walk back LF (5) walk back RF (6)
7&8 ; triple step back, LF back (7), together RF (&), LF back (8)

(9-16) cross (RF) rock (LF) step (RF), cross (LF) rock (RF) step (LF), jump feet together, jump feet out, R hip swivel, lean LF, slide in LF

1&2 ; cross RF (1), rock LF (&), step RF (2)
&3&4 ; cross LF (&), rock RF (3), step LF (&), jump feet together (4)
&5,6 ; jump feet out (&) R hip swivel (5,6)
7,8 ; lean LF (7), slide in LF (8)

(17-24) cowboy moonwalk (start RF), two lock steps forward (RF)

1,2& ; step back LF/pop R heel (1), step back RF/pop L heel (2), step back LF/pop R heel (&)
3,4 ; step back RF/pop L heel (3), step back LF/pop R heel (4)
5,6 ; step forward RF (5), lock LF (6)
7,8 ; step forward RF (7), lock LF (8)

(25-32) RF step out w R shoulder roll, LF step out w L shoulder roll, step RF, lock (LF) hitch RF, two pony steps (RF), 4 runs 1/2 turn over R shoulder

1,2 ; RF step out w R shoulder roll (1), LF step out w L shoulder roll (2)
3,4 ; step forward RF (3), lock LF/hitch RF (4)
5&6& ; pony press RF (5), step down LF (&), pony press RF (6), step down LF (&)
7&8& ; run R (7), L (&), R (8), L (&) w/ 1/2 turn