

Guilty Pleasure

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Heidi Brenden (NOR) & Nina Skyrud (NOR) - March 2024
音乐: Guilty Pleasure - Kenny Chesney



Start the dance at the vocal after 16 counts (approx. 8 secs)

Restarts: 2

[1-8] Side-Together, Chasse ¼ Turn, Step, ¼ Turn, Cross Shuffle.

1-2 Step R to right side (1), Step L next to R (2) [12:00]
3&4 Step R to right side (3), Step L next to R (&), Turn a ¼ turn right Stepping R forward (4) [3:00]
5-6 Step L forward (5), Turn (Swivel) ¼ right putting weight on R (6) [6:00]
7&8 Cross L over R (7), Step R to right side (&), Cross L over R (8).

[9-16] Sway-Sway, Chasse, Cross Rock-Recover, Chasse.

1-2 Sway right (1), Sway left (2)
Restart here in wall 2 & 6 with a change in timing.*
3&4 Step R to right side (3), Step L next to R (&), Step R to right side (4),
5-6 Cross L over R (5), Recover onto R (6)
7&8 Step L to left side (7), Step R next to L (&), Step L to left side (8).

* Note: On wall 2 & 6 there is a restart after 12 counts. For count 9-12 Sway right (1-2), Sway left (3-4). Then Restart the routine.

[17-24] Cross, ¼ Turn, Shuffle Back, Back Rock-Recover, Shuffle fwd.

1-2 Cross R over L (1), Turn ¼ turn right Stepping L back (2) [9:00]
3&4 Step R back (3), Step L next to R (&), Step R back (4)
5-6 Rock L back (5), Recover onto R (6)
7&8 Step L forward (7), Step R next to L (&), Step L forward (8).

[25-32] Rocking Chair, ½ Turn x2.

1-2 Rock R forward (1), Recover onto L (2)
3-4 Rock R back (3), Recover onto L (4)
5-6 Step R forward (5), Turn (Swivel) ½ turn left putting weight on L (6) [3:00]
7-8 Step R forward (7), Turn (Swivel) ½ turn left putting weight on L (8) [9:00]

Start again!

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