The Sweetest Days



拍数: 32 编数: 2 级数: Intermediate NC

编舞者: Chandrani Eilena Emmiyan (INA) - March 2024

音乐: The Sweetest Days - Vanessa Williams



** In memoriam of the late Ambu (Neneng Setyawati), a special lady with the sweetest heart **

Intro: 16 Counts

Tag (8 counts): at the end of wall 2 (facing 12.00)

Repeat the session 4

Session 1 - BACK SLIDE, COASTER STEP, COASTER STEP WITH SWEEP, CROSS, SIDE, DIAGONAL BACK ROCK, SQUARING & SIDE

1-2&3 Slide RF back (1), Step LF back (2), Step RF next to LF (&), Step LF forward (3)

Recover onto RF (4), Step LF next to RF (&), Step RF forward while sweeping LF from back

to front (5)

6&7 Cross LF over RF (6), Step RF to R side (&), Step LF diagonal backward (7) 10.30

8& Recover onto RF (8), Squaring to 12.00 & step LF to L side (&)

Session 2 - DIAGONAL BACK WITH HITCH, TOUCH BEHIND, ½ TURN L, STEP WITH SWEEP, STEP, TOUCH BEHIND, BACK WITH SWEEP, BACK, 3/8 LEFT FORWARD, ¼ LEFT BASIC NC

1-3 Step RF diagonal backward while hitching LF (1) 1.30, Touch LF back & keep the body

weight on RF (2), Turn ½ to L & step LF in place while sweeping RF from back to front (3)

7.30

4&5 Step RF forward (4), Touch LF behind RF (&), Step LF backward while sweeping RF from

front to back (5)

Step RF backward (6), Turn 3/8 to L & Step LF forward (&), Turn 1/4 to L & step RF to R side

(7) 12.00

8& Close LF slightly behind RF (8), Cross RF over LF (&)

Session 3 - SLIDE WITH DRAG, SWING, COASTER STEP, PIVOT ½ R, STEP, FULL TURN

1-3 Slide LF to L side while dragging RF towards LF in 2 counts (1-2), Keep the body weight on

LF & swing RF to front (3)

4&5 Step RF backward (4), Step LF next to RF (&), Step RF forward (5)

Step LF forward (6), Turn ½ to R & step RF in place (&) 6.00, Step LF forward (7)

8& Turn ½ to L & step RF backward (8) 12.00, Turn ½ to L & step LF forward (&) 6.00

Session 4 - SERPIENTE, PIVOT ½ R, TURN ½ R WITH SWEEP, BACK, TOGETHER

1-2&3 Step RF forward while sweeping LF from back to front (1), Cross LF over RF (2), Step RF to

R side (&), Step LF behind while sweeping RF from front to back (3)

4&5 Step RF backward (4), Step LF to L side (&), Step RF forward (5)

Step LF forward (6), Turn ½ to R & step RF in place (&) 12.00, Turn ½ to R & step LF

backward while sweeping RF from front to back (&) 6.00

8& Step RF backward (8), Step LF next to RF (&)

Tag (8 counts): at the end of wall 2 (facing 12.00)

Repeat the session 4

Happy dancing - Dancing from the heart

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