

Sui Gai Ci'3 (燒鸡翅) TIKTOK

COPPER KNOB
STEPSHEETS

拍数: 140 墙数: 1 级数: Phrased Beginner
编舞者: Molly Yeoh (MY) - March 2024
音乐: SteadyGang 【周星翅 ChouXingChi】 Official MV - 龙年最搞怪"身粘歌" 送给每个
新年都陪伴我们的周星翅
或: *(周星翅☆燒鸡翅☆热门洗脑歌☆ STEADY GANG☆TIKTOK VIRAL)



NOTE: Music from Original video: starts from 0.28 to 5.03 minutes, stop!

[The choreography title is in Cantonese pinyin (广东拼音)]

Intro: 16 counts

A:72+4 B:64

SEQUENCE: AB, AB, A36 B

*Restart to Part B: 3rd set after Part A 36count

Part A

Section 1 & 2: CHARLESTON STEPS

1 2 3 4 STEP FWD RF, LF TOUCH FWD RECOVER, RF TOUCH BACK
5 6 7 8 STEP FWD RF, LF TOUCH FWD RECOVER, RF TOUCH BACK

Section 3: VINE OR STEP TOGETHER SIDE

1 2 3 4 RF STEP TO R SIDE, LF FOLLOWED, RF STEP TO R, LF TOUCH BESIDE RF
5 6 7 8 LF STEP TO L, RF FOLLOWED, LF STEP TO L, RF TOUCH BESIDE LF

Section 4: STEP TOUCHES ON SPOT

1 2 3 4 RF SIDE STEP TO R, LF TOUCH BESIDE RF, LF STEP TO L, RF TOUCH BESIDE LF
5 6 7 8 REPEAT 1 2 3 4

Section 5: ROCKING CHAIR WITH TOUCH, FWD HIP BUMPS

1 2 3 4 ROCK FWD RF RECOVER LF, STEP BACK RF, LF TOUCH BESIDE RF (WEIGHT ON RF)

*3RD SET RE-START to PART B **

5 6 7 8 HIP BUMP LF ONLY ON 5,6,7 COUNTS, STEP ON LF ON COUNT 8

Section 6: PIVOT HALF TURN, SHUFFLE FWD X 2

1 2 3&4 RF FWD PIVOT L TURN, FWD RLR
5 6 7&8 LF FWD PIVOT R TURN, FWD LRF (12:00)

Section 7: VINE TO RIGHT, ROLLING VINE TO LEFT

1 2 3 4 STEP RF TO R, LF STEP BEHIND RF, RF TO R, LF TOUCH AT RF
5 6 7 8 FULL TURN LRLR TO FACE 12:00

Section 8: FWD STEP POINT TO LEFT AND RIGHT, BACK POINT TO L AND R

1 2 3 4 FWD RF, LF POINT TO L, FWD LF, RF POINT TO R
5 6 7 8 BACK STEP RF, LF POINT TO L, BACK STEP LF, RF POINT TO R

Section 9: SHIMMY TO RIGHT AND LEFT

1 2 3 4 RF STEP TO R AND SHIMMY SHOULDER 4 COUNT
5 6 7 8 LF STEP TO L AND SHIMMY SHOULDER 4 COUNT (MAY LIFT LEG ON COUNT 4 & 8)

Section 10: QUICK STEPS ON SPOT

1 2 3 4 QUICK STEPS, RLRL (OPEN UP BOTH HANDS ON COUNT 4!)

PART B THE VIRAL STEPS! (CHICKEN WINGS)**

Section 1: STEP TOGETHER R TOUCH, STEP TOGETHER L TOUCH

1 2 3 4 RF STEP TO R, LF FOLLOWED, RF STEP TO R, LF TOUCH AT RF
5 6 7 8 LF STEP TO L, RF FOLLOWED, LF STEP TO L, RF TOUCH AT LF

Section 2: POINT RLF, HOLD, POINT LRL, HOLD

1&2&3 4 RF POINT TO R RECOVER, LF POINT TO L RECOVER, RF POINT TO R, HOLD
&5&6&7 8 RECOVER RF, LF POINT TO L RECOVER, RF POINT TO R RECOVER, LF POINT TO L, HOLD

Section 3: TAP (CHUG) RF FWD 3 COUNTS, TAP (CHUG) LF FWD 3 COUNTS

1 2 3 4 RECOVER LF, FWD TAPS RF ON 3 COUNTS, (BODY DIAGONAL L) RECOVER RF
5 6 7 8 FWD TAPS LF ON 3 COUNTS, (BODY DIAGONAL R) RECOVER LF

Section 4: (CROSS LEGS, HALF TURN, BODY ROLL) x 2

1 2 3 4 SMALL JUMP CROSS RF OVER LF, PIVOT ½ L TURN, R BODY ROLL
5 6 7 8 REPEAT 1 2 3 4

Section 5: STEP TOGETHER R TOUCH, STEP TOGETHER L TOUCH

1 2 3 4 RF STEP TO R, LF FOLLOWED, RF STEP TO R, LF TOUCH AT RF
5 6 7 8 LF STEP TO L, RF FOLLOWED, LF STEP TO L, RF TOUCH AT LF

Section 6: SWAY ON SPOT, 'V' SHAPE OR OPEN CLOSED RF LF

1 2 3 4 SWAY RLRL ON SPOT
5 6 7 8 STEP RF TO R, STEP LF TO L, CLOSED IN RF LF, OR A 'V' SHAPE OPEN CLOSED

Section 7: KICK UP RF LF FULL TURN

1&2&3&4 CONTINUE KICK UP RF LF 8 COUNT
5&6&7&8 AS YOU FULL TURN TO 12:00

Section 8: RIGHT AND LEFT HIP BUMPS

1 2 3&4 HIP BUMP RL, RLR
5 6 7&8 HIP BUMP LR, LRL

YOU DID IT! 棒极了! Enjoy and have fun!

***Inspired by You tube viral movie!**

Contact: suanyeoh@hotmail.com

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