

Can't Nobody

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Phrased Improver
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音乐: Can't Nobody - 2NE1



Sequence: A, A, A, B, A, A, A'(16c), A, B, A, A(16c), Tag, A, A

Part A:32c

[SEC 1] Charleston Step x 2 (with swivel)

1 2 RF Touch forward, RF Step back
3 4 LF Touch back, LF Step forward
5 6 RF Touch forward, RF Step back
7 8 LF Touch back, LF Step forward

[SEC 2] R Shuffle Step, L Shuffle step, 1/4 Jazz box

1&2 RF Step diagonal forward R, LF Step diagonal behind, RF Step diagonal forward R
3&4 LF Step diagonal forward L, RF Step diagonal behind, LF Step diagonal forward L
5 6 RF Cross over, LF Step back
7 8 RF 1/4 turn R Step side R, LF Cross over

[SEC 3] Side Mambo x 4

1&2 RF Step side R, LF Recover, RF Step together
3&4 LF Step side L, RF Recover, LF Step together
5&6 RF Step side R, LF Recover, RF Step together
7&8 LF Step side L, RF Recover, LF Step together

[SEC 4] Kick, Step, Touch, Kick, Step, Touch, Step, Touch, 1/4 Step, Touch

1&2 RF Kick forward, RF Step place, LF Touch side L
3&4 LF Kick forward, LF Step place, RF Touch side R
5 6 RF Step side R, LF Touch together (with body wave)
7 8 LF 1/4 Turn R Step side L, RF Touch together (with body wave)

Part B (Start 6:00) 32c

[SEC 1] 1/2 Pivot, Cross, Touch, Back, Touch, Back, Touch

1 2 RF Step forward, LF 1/2 Turn L Step forward (12:00)
3 4 RF Cross over, LF Touch side L
5 6 LF Step back, RF Touch forward (with body Roll)
7 8 RF Step back, LF Touch forward (with body Roll)

[SEC 2] 1/4 Pivot, Cross, 1/4 Touch, Back, Touch, Back, Touch

1 2 LF Step forward, RF 1/4 Turn R Step side R (3:00)
3 4 LF Step forward, RF 1/4 Turn L Touch side R (12:00)
5 6 RF Step back, LF Touch forward (with body Roll)
7 8 LF Step back, RF Touch forward (with body Roll)

[SEC 3] Step, Touch, Swivel x 2, Step, Touch, Swivel x 2

12& RF Step forward, LF Touch forward, BF Swivel heel left
3&4 BF Recover, BF Swivel heel left, BF Recover (weight RF)
56& LF Step forward, RF Touch forward, BF Swivel heel right
7&8 BF Recover, BF Swivel heel right, BF Recover (weight LF)

[SEC 4] Jazz box, Rolling Turn, Together

1 2 RF Cross over, LF Step back

3 4 RF Step side R, LF Cross over
5 6 RF 1/4 turn R Step forward, LF 1/2 turn R Step back
7 8 RF 1/4 turn R Step side R, LF Step together

***A'(16c): 1/4 Jazz box -> Jazz box (Don't 1/4 turn) 12:00**

***Tag (Start 9:00, finish 12:00)**

1&2 RF Step side R, LF Recover, RF Step together
3&4 LF Step side L, RF Recover, LF Step together
5 8 3 /4 Turn L with shimmy
1 4 Body Circle (12:00)

***option: free style**
