

# Easy Doctor

**COPPER** KNOB  
STEPMATS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Maria Hansen (SWE) - March 2024  
音乐: Doctor (Work It Out) - Pharrell Williams & Miley Cyrus



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## Section 1 Walk, walk, walk, point, walk back, back, back, point

- 1-4      Walk forward on R, walk forward on L, walk forward on R and point L to Left side.
- 5-8      Walk back on L, walk back on R, walk back on L and point R to right side

## Section 2 Step forward, point, step forward point, jazzbox ¼ right

- 1-2      Step forward on R and point L to left side
- 3-4      Step forward on L and point R to right side
- 5-8      Cross R over L, step back on L, turn ¼ to the right stepping forward on R, cross L over R.

## Section 3 Step turn, shuffle, step turn shuffle

- 1-2      Step forward on R, turn ½ left
- 3&4      Step forward on R, ,step L beside R, step forward on R
- 5-6      Step forward on L, turn ½ right
- 7&8      Step forward on L, step R beside L, step forward on L

## Section 4 Forward rock recover, step back and clap, back rock recover, step forward and clap

- 1-4      Rock forward on R, recover on L, step back on L, hold and clap hands
- 5-8      Rock back on L, recover on R, step forward on L, hold and clap hands

ENJOY!

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