

Easy Doctor

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Maria Hansen (SWE) - March 2024
音乐: Doctor (Work It Out) - Pharrell Williams & Miley Cyrus



Section 1 Walk, walk, walk, point, walk back, back, back, point

1-4 Walk forward on R, walk forward on L, walk forward on R and point L to Left side.
5-8 Walk back on L, walk back on R, walk back on L and point R to right side

Section 2 Step forward, point, step forward point, jazzbox ¼ right

1-2 Step forward on R and point L to left side
3-4 Step forward on L and point R to right side
5-8 Cross R over L, step back on L, turn ¼ to the right stepping forward on R, cross L over R.

Section 3 Step turn, shuffle, step turn shuffle

1-2 Step forward on R, turn ½ left
3&4 Step forward on R, ,step L beside R, step forward on R
5-6 Step forward on L, turn ½ right
7&8 Step forward on L, step R beside L, step forward on L

Section 4 Forward rock recover, step back and clap, back rock recover, step forward and clap

1-4 Rock forward on R, recover on L, step back on L, hold and clap hands
5-8 Rock back on L, recover on R, step forward on L, hold and clap hands

ENJOY!
