

Freedom

拍数: 32 墙数: 4 级数: Improver
编舞者: mBah Wir (INA) & Mega Lienatha Lie (INA) - March 2024
音乐: Freedom - Kovacs



Intro: 16 Count - No Tag – 2 Restart

S1: SIDE ROCK, RECOVER, CROSS SHUFFLE, TURN ¼ LEFT FORWARD, FLICK, FORWARD LOCK SHUFFLE

1-2 Rock R to side (1), Recover on L (2)
3&4 Cross R over L (3), Step L to side (&), Cross R over L (4)
5-6 Make ¼ turn left step L forward (5), Flick R outside (6) 09.00
7&8 Step R forward (7), Lock L behind R (&), Step R forward (8)

S2: DIAGONAL SWAY, FORWARD ROCK, RECOVER, BACK COASTER STEP

1&2 Step L forward diagonally left&sway (1), Sway R (&), Sway L (2)
3&4 Step R forward diagonally right&sway (3), Sway L (&), Sway R (4)
5-6 Rock L forward (5), Recover on R (6)
7&8 Step L back (7), Step R next to L (&), Step L forward (8)

• Restart here on Wall 2 & Wall 4

S3 : TURN ¼ RIGHT FORWARD, TURN ¼ RIGHT HITCH, LOCK SHUFFLE, FORWARD ROCK, RECOVER, BACK, TOUCH

1-2 Turn ¼ R stepping RF fwd (1), Turn ¼ R hitch LF over RF (2) 03.00
3&4 Step LF Fwd (3), Lock RF behind LF (&), Step LF Fwd (4)
5-6 Rock RF Fwd (5), Recover onto LF (6)
7-8 Step LF back (7), Touch L toe next to RF (8)

S4 : PIVOT ¼, CROSS TOUCH, TURN ¼ R SAILOR STEP, BACK LOCK SHUFFLE

1-2 Step LF Fwd (1), Turn ¼ R weight on RF (2) 06.00
3-4 Cross LF over RF (3), Touch R toe to R (4)
5&6 Turn ¼ R Cross RF behind LF (5), Step LF to L (&), Step RF to R (6) 9.00
7&8 Step LF back (7), Cross RF over LF (&), Step LF back (8)

Begin again.

Restart during Wall 2 & Wall 4 after 16 Count

For more questions about this dance please contact: lienathamega@gmail.com .or. jsdc2009@gmail.com

Last Update - 27 Mar. 2024 - R1