

All Week Waltz

COPPERKNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Improver - waltz
编舞者: Mark Furnell (UK) & Chris Godden (UK) - March 2024
音乐: 7 Days - Darius Rucker



Intro: 12 Counts, Start at approx.. 5 secs

SEC 1: Rock, Recover Sweep, Reverse Twinkle, ¼ Together, Hold

1-2-3 Rock right forward over 3 counts
4-5-6 Recover weight onto left sweeping right from front to back over 3 counts
1-2-3 Step right behind left, step left to left, step right to right
4-5-6 Turn ¼ left step left beside right, hold over 2 counts (9:00)

SEC 2: Twinkle, Cross, Sweep, Weave, ¼ Step, Hitch

1-2-3 Cross right over left, step left to left, step right to right
4-5-6 Cross left over right sweeping right from back to front over 3 counts
1-2-3 Cross right over left, step left to left, step right behind left
4-5-6 Turn ¼ left step left forward, hitch right knee over 2 counts (6:00)

SEC 3: Forward Coaster Step, Back, Hook, Hold, Step, Sweep, Step, ¼ Sweep

1-2-3 Step right forward, step left beside right, step right back
4-5-6 Step left back, hook right over left, hold
1-2-3 Step right forward sweeping left from back to front over 3 counts
4-5-6 Step left forward turn ¼ left sweeping right from back to front over 3 counts (3:00)

Restart here on wall 7 with step change on counts 4-6 - no 1/4 turn

SEC 4: ½ Twinkle, ½ Twinkle, Forward Coaster Step, Back, Touch, Touch

1-2-3 Cross right over left, turn ¼ right step left back, turn ¼ right step right to right (9:00)
4-5-6 Cross left over right, turn ¼ left step right back, turn ¼ left step left to left (3:00)
1-2-3 Step right forward, step left beside right, step right back
4-5-6 Sep back on left. Tap right toe next to left twice

Tag: At the end of Wall 3

Slow Rocking Chair

1-2-3 Rock right forward over 3 counts
4-5-6 Recover weight onto left over 3 counts
1-2-3 Rock right back over 3 counts
4-5-6 Recover weight onto left over 3 counts

Last Update: 18 Mar 2024