

Words of Wisdom (Let It Be)

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2
编舞者: Heru Tian (INA) - March 2024
音乐: Let It Be - Music Travel Love

级数: Easy Intermediate



No Tag, 2 Restarts

**Restarts happen on wall 2 and 5 after 16C

Section 1 : Syncopated Weave, Cross Rock , 1/4L Fwd, Fwd, Spiral Full Turn L, Runs Fwd, Rock Fwd, Together

12& Step RF to R Side (1), Step LF behind RF (2), Step RF to R Side (&)
34& Rock LF Cross over RF (3), Recover on RF (4), 1/4L, Step LF fwd (&) (9.00)
56& Step RF fwd, Spiral Full Turn L (5), Run LF fwd (6), Run RF fwd (&)
78& Rock LF fwd (7), Recover on RF (8), Close LF next to RF (&)

Section 2 : Fwd, 1/2L Sweep, Behind, Side, Cross Rock, Syncopated Weave, 1/4L Fwd, Pivot 1/2L

12& Step RF fwd, make a 1/2L, Sweep LF front to back (1), Cross LF Behind RF (2), Step RF to R Side (&) (3.00)
34 Rock LF Cross over RF (3), Recover on RF (4)
&5&6 Step LF to L Side (&), Cross RF over LF (5), Step LF to L Side (&), Cross RF behind LF (6)
&78 1/4L, Step LF fwd (&), Step RF fwd (7), Pivot 1/2L, Step LF in place (8) (6.00)

***Restarts happen here on wall 2 and 5

Section 3 : Basic NC (X2), 1/2L Diamond

12& Take a long step RF to R Side (1), Step LF slightly behind RF (2), Cross RF over LF (&)
34& Take a long step LF to L Side (3), Step RF slightly behind LF (4), Cross LF over RF (&)
56&78& Take a long step RF to R Side (5), 1/8L, Step LF back (6), Step RF back (&), 1/8L, Take a long step LF to L Side (7), 1/8L, Step RF fwd (8), Step LF fwd (&) (1.30)

Section 4 : 1/8L, Rumba Box Bwd (X2), Rock Back, Pivot 1/2L, Fwd, Together

1&2 1/8L, Step RF to R Side (1), Step LF next to RF (&), Step RF bwd (2) (12.00)
3&4 Step LF to L Side (3), Step RF next to LF (&), Step LF bwd (4)
56 Rock RF bwd (5), Recover on LF (6)
7&8& Step RF fwd (7), Pivot 1/2L, Step LF in place (&), Step RF fwd (8), Step LF next to RF (&) (6.00)

Start Again...

Thank you so much,
Herutian79@gmail.com