

# Ain't My Day

**COPPER** KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver  
编舞者: Kathy Brown (USA) - March 2024  
音乐: Ain't My Day (feat. Kolby Cooper) - Corey Kent



Intro: 16ct on vocals

## RIGHT STEP LOCK, RIGHT SHUFFLE FORWARD, LEFT STEP LOCK, LEFT FORWARD SHUFFLE

1-2            Step right forward, lock left behind right  
3&4           Step right forward, step left next to right, step right forward  
5-6           Step left forward, lock right behind left  
7&8           Step left forward, step right next to left, step left forward

## RIGHT MAMBO FORWARD, LEFT MAMBO BACK, RIGHT SIDE MAMBO, RECOVER LEFT, RIGHT CROSSING SHUFFLE

1&2           Rock right forward, recover left, step right back  
3&4           Rock left back, recover right, step left forward  
5&6           Rock right to side, recover left, cross right over left  
&7&8          Step left to side, cross right over left, step left to side, cross right over left

## LEFT SIDE ROCK, RECOVER RIGHT, 1/4 LEFT SAILOR RIGHT WIZARD, LEFT WIZARD

1-2           Rock left to side, recover right  
3&4           Step left behind right, turning 1/4 left step right to side, step left to side  
5-6&          Step right forward, step left to heel of right, step right forward  
7-8&          Step left forward, step right to heel of left, step left forward

## RIGHT FORWARD ROCK, RECOVER LEFT, SHUFFLE 1/2 RIGHT, SHUFFLE 1/2 RIGHT, RIGHT COASTER, LEFT FORWARD QUICK STEP

1-2           Rock right forward, recover left  
3&4           Turning 1/4 right step right to side, step left next to right, turning 1/4 right step right forward  
5&6           Turning 1/4 right step left to side, step right next to left, turning 1/4 right step left back  
7&8&          Step right back, step left next to right, step right forward, step left next to right

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