

# Car Wash (Chair Dance)

**COPPER** **KNOB**  
BY STEPHEN

拍数: 124      墙数: 0  
编舞者: Helen Woods (USA) - March 2024  
音乐: Car Wash - Rose Royce

级数: Phrased Beginner - Chair Dance



Sequence: INTRO AB AB CAB

**INTRO: Slap Thighs in rhythm to the beat for 11 sets of 8  
Then start with right leg**

1-4            March right, left, right, then kick left  
5-8            March left, right, left, then kick right  
9-32          Repeat counts 1-8 three more times

**SECTION A: March 3, Kick**

1-4            March right, left, right, then kick left  
5-8            March left, right, left, then kick right  
9-32          Repeat counts 1-8 three more times

**SECTION B: Wax On, Wax Off**

1-8            Right Arm moves in a counter clockwise circle  
9-16          Left Arm moves in clockwise circle  
17-24        Circle both arms  
25-32        Circle both arms in other direction

**SECTION C: Arm Reaches and Shimmy**

1-2            Reach right arm up and across body, return  
3-4            Reach left arm up and across body, return  
5-8            Shimmy  
9-56          Repeat counts 1-8 six more times  
57-58        Reach right arm up and across body, return,  
59-60        Reach left arm up and across, return,

---