

Écoutez-Moi

拍数: 46 墙数: 2 级数: Phrased Improver
编舞者: Lars Kuif (NL) - March 2024
音乐: Écoutez - Moi (International Version) (En) - Claude : (International version)
或: Écoutez - Moi (NI) - Claude : (Dutch version)



Info : Starts after 16 counts

Sequence: A-A(16counts)-B-A-A-Tag-A-B-A-A-B-Finish

Part A:

[1 – 8] Shuffle R+L Fwd., Rock Fwd., (Step Back+Sweep)2x

1&2 RF fwd. (1), LF next to RF (&), RF fwd. (2)
3&4 LF fwd. (3), RF next to LF (&), LF fwd. (4)
5,6 Rock RF fwd. (5), recover to LF (6)
7,8 RF back + sweep LF back (7), LF back + sweep RF back (8)

[9 – 16] Rock Back, Shuffle R Fwd., ½ Pivot R, Shuffle L Fwd.

1,2 Rock R back (1), recover to LF (2)
3&4 RF fwd. (3), LF next to RF (&), RF fwd. (4)
5,6 LF fwd. (5), ½ turn R + weight to RF (6) [06.00]
7&8 LF fwd. (7), RF next to LF (&), LF fwd. (8)

[17 – 24] ¼ Turn L, Side Rock, Cross Shuffle, Side Rock, Cross Shuffle

1,2 ¼ turn L rocking RF to side (1), recover to LF (2) [03.00]
3&4 RF across LF (3), LF to side (&), RF across LF (4)
5,6 Rock LF to side (5), recover to RF (6)
7&8 LF across RF (7), RF to side (&), LF across RF (8)

[25 – 32] (Point, Step Fwd.)2x, ½ Pivot L, ¼ Turn L, Side, Together

1,2 Point RF to side (1), RF fwd. (2)
3,4 Point LF to side (3), LF fwd. (4)
5,6 RF fwd. (5), ½ turn L + weight to LF (6) [09.00]
7,8 ¼ turn L + RF big step to side (7), drag LF next to RF+step LF together (pop R knee) (8)
[06.00]

Part B (during this part, the music changes to a NC-count):

[33 – 40] NC Step R + L, Side+Dragsweep LF Fwd., Cross-Side-Behind, Sweep Back, Behind-Side

1,2& RF to side + start dragging LF to RF (1), rock LF back (2), recover to RF (&)
3,4& LF to side + start dragging RF to LF (3), rock RF back (4), recover to LF (&)
5,6& RF to side+dragsweep LF fwd. (5), LF across RF (6), RF to side (&)
7,8& LF behind RF + sweep RF backwards (7), RF behind LF (8), LF to side (&)

[41 – 46] (Cross Rock, Recover)2x, Prizzy Walk Fwd.

1,2& Rock RF across LF (1), recover to LF (2), RF to side (&)
3,4& Rock LF across RF (3), recover to RF (4), LF to side (&)
5,6 Walk RF slightly across LF (5), walk LF slightly across RF (6)

Restart:

Dance the second part A up to count 16 and restart with part B facing 12.00

Tag:

After sequence A,A(with restart),B,A,A add the following steps (rocking chair, facing 12.00):

1-4 Rock RF fwd. (1), recover to LF (2), rock R back (3), recover to LF (4)

Finish:

After the last part B you're facing 06.00. The music already slowed down a bit. After the last step of part B, simply step RF fwd. and turn ½ L to face 12.00 again. Tada! The end! <3

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