

Dance Like No One's Watching

COPPER KNOB
BY STEPHENETS

拍数: 48 墙数: 4 级数: Intermediate - waltz
编舞者: Lee Hamilton (SCO) - March 2024
音乐: Dance Like No One's Watching - Gabby Barrett : (iTunes & Amazon)



(No tags or restarts)

Intro: 24 Counts (approx. 12s)

Huge thank you to my best friend Karen Rennie for suggesting the music!

For a floor-split try the beginner dance "Dance Like No One's Watching Baby" by Alison Johnstone, Josh Talbot & Alexis Strong

Section 1 [1-6] Cross L, Sweep R, Cross R, Side L, Behind R

123 Cross step L over R (1), Sweep R around from back to front over 2 counts (2-3)
456 Cross step R over L (4), Step L to L side (5), Step R behind L (6) 12:00

Section 2 [7-12] Long Side Step L, Drag R 1/8 Turn L, Run Back R,L,R

123 Long step L on L (1), Drag R towards L making a gradual 1/8 turn L towards 10:30 keeping weight on L (2-3) 10:30
456 Staying on the diagonal run back R (4), Run back L (5), Run back R (6) 10:30

Section 3 [13-18] L Back Twinkle, Back R 1/4 Turn R, Drag L, Hook L

123 Still on the diagonal step L behind R (1), Step R to R side (2), Step L to L side (3)
4 Make 1/4 turn R stepping back on R (now facing 1:30) (4)
5 6 Drag L towards R (5), Hook L just in front of R ankle (6) 1:30

Section 4 [19-24] Step L 1/8 L, Side Rock R 1/4 L, Recover, Twinkle 1/2 Turn R

123 Step L 1/8 turn L squaring up to 12:00 (1), Make 1/4 turn L rocking R out to R side (2), Recover weight on L (3) 9:00
456 Cross step R over L (4), Make 1/4 turn R stepping back on L (5), Make 1/4 turn R stepping R to R side (6) 3:00

Section 5 [25-30] Diamond Fallaway 1/4 Turn L

123 Cross step L over R (1), Step R to R side (2), Make 1/8 turn L stepping back on L (3) 1:30
456 Step back on R (4), Make 1/8 turn L stepping L to L side (5), Step fwd on R (6) 12:00

Section 6 [31-36] Step L Fwd, Point R, Hold, Step R 1/4 R, Side Rock L 1/4 R, Recover

123 Step fwd on L (1), Point R to R side (2), Hold (3)
4 Make 1/4 turn R stepping fwd on to R (4) 3:00
56 Make another 1/4 turn R rocking weight on to L (5), Recover on to R (6) 6:00

Section 7 [37-42] Diamond Fall-away 1/4 Turn L

123 Cross step L over R (1), Step R to R side (2), Make 1/8 turn L stepping back on L (3) 4:30
456 Step back on R (4), Make 1/8 turn L stepping L to L side (5), Step fwd on R (6) 3:00

Section 8 [43-48] Step L Fwd, Full Spiral R, Triple Full Turn R

123 Step fwd on L (1), Make a full spiral turn R over 2 counts keeping weight on L (2-3)
456 Step fwd on R (4), Make 1/2 turn R stepping back on L (5), Make 1/2 turn R stepping fwd on R (6) 3:00

ENDING

To finish the dance facing 12:00 change the full turn R at counts 5-6 of S8 to a 3/4 turn R

then cross step L over R – ta da!!

Have fun! Contact: Leeh040595@icloud.com
