

# Dying Inside To Hold You EZ

COPPERKNOB  
STEPSHEETS

拍数: 56                      墙数: 1                      级数: Beginner  
编舞者: Ria Lolong (INA) - March 2024  
音乐: (Dying Inside) To Hold You - Timmy Thomas



Intro: 32 counts, start @approx. 33 secs

\*I TAG 5 RESTARTS

## S1. V-STEP, BIG STEP FWD, TOGETHER, STOMP 2X

1 – 2                      Step RF diag fwd (1), Step LF diag fwd (2)  
3 – 4                      Step RF bwd to center (3), Step LF beside RF (4)  
5 – 6                      RF big step fwd (5), Step LF together (6)  
7 – 8                      Stomp RF in place 2X (7-8)

☆ Arm Styling: When the Lyrics says 'HOLD' raise both ARMS above your head from the side (count 5) & interlock your hands together (count 6-7-8)

## S2. STEP R SIDE, TOUCH BEHIND, STEP L SIDE, TOUCH BEHIND (REPEAT)

1 – 2                      Step RF to R side (1), Touch LF behind RF (2)  
3 – 4                      Step LF to L side (1), Touch RF behind LF (2)  
5 – 6                      Repeat 1-2  
7 – 8                      Repeat 3-4

## S3. STEP DIAGONAL BWD WITH TOUCH 4X

1 – 2                      Step RF back diag (1), Touch LF next to RF (2)  
3 – 4                      Step LF back diag (3), Touch RF next to LF (4)  
5 – 6                      Repeat 1-2  
7 – 8                      Repeat 3-4

## S4. CROSS TOUCH FWD 2X, CROSS TOUCH BWD 2X

1 – 4                      Cross RF over LF (1), Touch L Toe to L side (2), Cross LF over RF (3), Touch R Toe to R side (4)  
5 – 8                      Cross RF behind LF (5), Touch L toe to L side (6), Cross LF behind RF (7), Touch R toe to R side (8)

☆ RESTART here on Wall 2, 4, 5, 6 (after tag) & 7

## S5. WALK FWD R-L-R, TOUCH, WALK BWD L-R-L, TOUCH

1 – 4                      Walk fwd R-L-R (1-3), Touch LF next to RF (4)  
5 – 8                      Walk bwd L-R-L (5-7), Touch RF next to LF (8)

## S6. VINE STEP R, TOUCH, VINE STEP L, TOUCH

1 – 2                      Step RF to R side (1), Cross LF behind RF (2)  
3 – 4                      Step RF to R side (3), Touch LF next to RF (4)  
5 – 6                      Step LF to L side (5), Cross RF behind LF (6)  
7 – 8                      Step LF to L side (3), Touch RF next to LF (4)

## S7. WALK AROUND FULL CIRCLE OVER R SHOULDER

1-8                      R-L-R-L-R-L-R-L 12:00

Note: This Walk 8 counts can also be used for changing formation when dancing with a group.

☆ TAG 4 counts on Wall 6 after 32 counts.

## TAG: ROCKING CHAIR

1-4                      Rock RF fwd (1), Recover on LF (2), Rock RF bwd (3), Recover on LF (4)

Enjoy the Dance!

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