

# Let Me Be Your Doctor

拍数: 32      墙数: 4      级数: Low Intermediate  
编舞者: Denise Pena-Olivarez (USA) & Katie Robinson (USA) - March 2024  
音乐: Doctor (Work It Out) - Pharrell Williams & Miley Cyrus



Intro: 4 counts, Dance starts on "I could be..."

No tags, no restarts! :)

## [1-8] Walk, Walk, kick-and-point (x2), heel twists (x2)

1,2            Walk forward R, L  
3&4           Kick R forward (3), ball step onto R (&), Point L out to L (4)  
5&6           Kick L forward (5), ball step onto L (&), Point R out to R (6)  
7&7&8        Twist R heel outward (&), return R ankle to center (7), Twist L heel outward (&), return to center (8)

## [9-16] Hip sways, ¼ turn shuffle, rock recover, sailor step

1,2            Sway hips R, L  
3&4            Shuffle R, L, R, turning ¼ over R (end facing 3:00)  
5,6            Step L forward, recover back onto R making a ¼ turn over R (now facing 6:00)  
7&8            Sailor step (step L behind R, ball step onto R, step L out to L side) - your body will naturally open up toward (4:30)

## [17-24] Cross, ball cross, hitch, pivot turns

1,2&          Cross R over L (1), hold (2), ball step L (&)  
3,4            Cross R over L (3), hitch L toward 4:30 (4)  
5,6            Step L backwards (5), pivot ¾ over L shoulder, now facing 12:00 (6)  
7,8            Step forward R (7), pivot ½ over L shoulder and step onto L, now facing 6:00 (8)

## [25-32] Syncopated rocking chair, heel twist, pivot, ¾ turn

1&2&          Step forward onto R (1), step back onto L (&), Step backward onto R (2), step forward onto L (&)  
3&4            Step R forward (3), twist both heels to R (&), return heels to center (4)  
&5,6          Step onto R (&), Step L forward (5), ½ pivot over R shoulder and step onto R, now facing 12:00 (6)  
7,8&          continue ½ turn pivot over R shoulder, stepping L backwards, now facing 6:00 (7), continue ¼ turn over R shoulder by stepping R to R side (now facing 3:00) (8), ball step onto L (&)

Last Update: 12 Mar 2024